There’s something about this place

JCC Maccabi
Supplement Inside
FROM THE BOARD CHAIR

Although many parts of the country are already looking forward to spring, I would like to look back at some highlights of the past several months. Chanukah was ablaze across the tri-county area. The official JCC Maccabi torch lit Chanukiah at Jewish Heritage Nights at the Miami Heat and the Florida Panthers’ games and at synagogues during various Jewish events. The excitement was electric and continues to persist as we countdown to the 2015 JCC Maccabi Games® and ArtsFest®. It’s not too late to sign up as a volunteer, host family, sponsor or participating artist/athlete.

The Book Festival was a great success thanks to the hard work of our dedicated chairs and their committees. The Jewish Film Festival is just getting underway and the Jewish Music Festival follows closely behind. You have plenty of ways to “get your culture in” at the J for 2015.

Our recently established young leadership group, JLink, has been growing steadily, and they continue to plan and participate in many exciting activities that include socials, sports leagues, Jewish learning, and charitable giving projects.

The JCC continues to be a significant tool in keeping our Jewish community involved and cohesive. Many families are moving into our area based on the offerings of our J. We welcome all new participants and hope that they take an opportunity to serve on a committee to further enhance their JCC involvement and enjoyment.

Looking toward the spring and summer, I’d like to take this opportunity to wish everyone a healthy and happy Passover.

Lee Kadin

FROM THE CHIEF EXECUTIVE OFFICER

After five years as your chief executive officer, there is still not a day that goes by without me being excited about what is happening at the J, our campus and community. As I walk through the halls each day, I meet new JCC members who tell me how much they enjoy using our incredible facilities. During those same walks, I have great conversations with members who have been here from the beginning and are still loving our center.

Our staff continuously upgrades and creates innovative and valuable programs and services for our membership and the community. The popularity of our Maccabi Tzair Tikva youth programs is soaring; the interaction between the parents, children and our Mommy & Me instructor Laura Lenes is amazing to watch; the Grasp Learning program provides personalized academic support for students in pre-k through eighth grade; our Jean Leighton Art Studio is the place where creative adult artists of all skill levels may explore their creative side; and JLink, our new group for young professionals, is up, running and gathering steam. Just look through our program guide to see even more of what we offer.

As the host of the 2015 JCC Maccabi Games® & ArtsFest®, I want to make one last push for volunteers, families to house the athletes and artists, and artists to sign up either on one of the tablets in our lobbies or online at www.fortlauderdalejccmaccabi.com. Help make this event the best in the 33-year history of JCC Maccabi. I thank you in advance for your support!

Scott Ehrlich
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Margo Golos

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CENTER HOURS
Administrative
Monday – Friday ............................................. 9:00 a.m. – 5:00 p.m.
Membership
Monday – Thursday ..................................... 9:00 a.m. – 7:00 p.m.
Friday .......................................................... 9:00 a.m. – 5:00 p.m.
Sunday ....................................................... 10:00 a.m. – 3:00 p.m.
Fitness Center
Monday – Thursday ..................................... 5:30 a.m. – 10:30 p.m.
Friday .......................................................... 5:30 a.m. – 6:00 p.m.
Saturday ...................................................... 8:00 a.m. – 5:00 p.m.
Sunday ....................................................... 7:00 a.m. – 6:00 p.m.
Pool Hours
Monday – Thursday ..................................... 7:00 a.m. – 6:00 p.m.
(Starting April) .............................................. 7:00 a.m. – 7:00 p.m.
Friday .......................................................... 7:00 a.m. – 5:30 p.m.
Saturday ...................................................... 9:00 a.m. – 4:30 p.m.
Sunday ....................................................... 9:00 a.m. – 5:30 p.m.

HOLIDAY HOURS
Passover | Friday, April 3
JCC closes at 2:00 p.m.
Passover | Saturday, April 4
JCC is CLOSED
Passover | Sunday, April 5
JCC is CLOSED
Erev of Shavuot | Saturday, May 23
JCC closes at 5:00 p.m.
Shavuot | Sunday, May 24
JCC is CLOSED
Memorial Day | Monday, May 25
Sports & Wellness is OPEN 8:00 a.m.-2:00 p.m.
Administration is CLOSED
Third of July | Friday , July 3
Sports & Wellness is OPEN 8:00 a.m.-2:00 p.m.
Administration is CLOSED
Fourth of July | Saturday, July 4
Sports & Wellness is OPEN 8:00 a.m.-2:00 p.m.

SECURITY POLICY
The safety and security of our members and guests are our highest priority. The DPJCC reserves the right to check vehicles, backpacks, lunchboxes and other types of sealed or closed containers without prior notification for security purposes. Weapons are not permitted on campus. The JCC consults regularly with the Broward Sheriff’s Department, the Town of Davie and the Anti-Defamation League to continually update its security measures.

UPDATED POLICY: Please do not leave backpacks or gym bags unattended. Unattended backpacks/gym bags are subject to removal by security. All backpacks or gym bags must have an ID tag attached.

The security systems in place on the campus include:
• A private security company with rotating surveillance
• Surveillance cameras and monitors located throughout the building and outdoor areas
• Controlled electronic access at selected entrances
• Emergency alarm system directly connected to police and fire departments
• A security fence surrounding the campus
• Barriers protecting building entrances
• Photo ID required to enter the JCC
• Parking tags identifying members entering campus

MISSION STATEMENT
The mission of the David Posnack Jewish Community Center is to enrich and support a quality way of life by providing a community facility where this lifestyle can flourish through recreational, cultural and educational activities, and where individuals may gather to share, celebrate and gain knowledge of their wondrous heritage.
On the Jewish Community Campus:

- **Agencies/Organizations/Special Services**
  - **BBYO (B’nai B’rith Youth Organization):** BBYO provides meaningful social and leadership opportunities for Jewish teens in grades 6-12 in Broward and Palm Beach Counties. They offer a variety of fun and engaging community-based programs during the year and a wide array of amazing experiences during the summer. Contact: Jen Polito or Randi Diamond at 954-252-1912 or gcr@bbyo.org
  - **Conservatory Prep Senior High:** A progressive, arts-integrated high school for grades 8-12. Contact: Wendy Weiner, principal, 954-680-5808
  - **David Posnack Jewish Day School (DPJDS):** The DPJDS offers a unique, challenging, educational experience, combining an intensive focused secular education with an innovative, exciting Jewish curriculum for grades K-12. Contact: Suzie Jackowitz, director of admissions, 954-583-6100, ext. 234 or sjackowitz@posnackschool.org
  - **Jewish Federation of Broward County:** The Federation acts in concert with its network of beneficiary agencies to safeguard and address local education and social service needs; perpetuate Jewish traditions and heritage and ensure the continuity and survival of Israel and our global Jewish community. Contact: Marsha Jaquays, 954-252-6911 or jaquays@jewishbroward.org
  - **Sterling Kosher Catering:** Offers private and group lessons for all ages. For more information see page 10.
  - **Teen Usage in Fitness Center:** For safety reasons, children under age 13 are not allowed in the fitness center. JCC members, 13 and 14 years old, must take our Fit Teen exercise training course before using weight training or cardiovascular equipment.
  - **Handball, Racquetball & Tennis Facilities:** Offers private and group lessons for all ages.
  - **Sports Leagues:** Basketball leagues are offered for all ages from children to adults. Softball, racquetball and kickball leagues are available. 2015 JCC Maccabi Games® & ArtsFest® - We are a host site. To get involved, please contact Barry Schumer, 2015 JCC Maccabi Games® & ArtsFest® Director at bschumer@dpjcc.org. For more information see page 10.
  - **Agencies/Organizations/Special Services on the Jewish Community Campus:**
    - **Singer Early Childhood Learning Center**
      - For ages 3 months through pre-kindergarten
      - Received the highest rating given by the Broward County Children’s Services Administration for quality childcare
      - Gold Seal Award recipient
      - A.P.P.L.E. accredited
      - #1 VPK provider in South Broward
      - Best of Davie/Cooper City
      - Mommy & Me Program

    - **After-school Program**
      - For kindergarteners through 8th grade
      - Pick-up from over 10 area schools
      - Daily supervised homework room/computer lab
      - A multitude of enrichment activities
      - School vacation days & seasonal mini-camps

    - **Camp Kadima**
      - For ages 12 months through grade 10
      - Award-winning day camp
      - Extreme Adventure, JGirls, JTech, JHoops, JSports
      - On-site pools, tennis courts, gymnastics, theaters
      - Air-conditioned gymnasia覆盖ball cages
      - Special trip options
      - More activities than you could ever imagine

    - **Fitness Center**
      - 7,000 square foot fitness center with state-of-the-art cardio equipment with personal TVs
      - Cybex Eagle fitness and HOIST® ROC-IT™ strength equipment
      - Indoor walking/running track (1/10 mile)
      - Personal training programs available for an additional fee
      - Free fitness classes taught seven days a week by certified instructors
      - Hot Yoga, Spin®, TRX®, boxing, aerobic studios, Zumba®
      - The JCC is an approved SilverSneakers® & SilverFit® Facility offering a variety of classes

    - **Cultural Arts**
      - Jewish Book Festival • Book Club
      - Jewish Film Festival • Jewish Music Festival

  - **One Fits All . . .**
    - **Singer Early Childhood Learning Center**
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    - The JCC is an approved SilverSneakers® & SilverFit® Facility offering a variety of classes
  - **Cultural Arts**
    - Jewish Book Festival • Book Club
    - Jewish Film Festival • Jewish Music Festival

- **Rabbi Avraham Kapnek and Cantor Eric Lindenbaum. Contact: 954-431-5100 or bethahmisrael@gmail.com**
- **Isabel Bell:** Licensed massage therapist/Reiki master Isabel Bell is a specialist in many areas of massage including therapeutic, hot stone, raindrop therapy. Contact: 305-794-3520

- **Denise Yopp – Licensed Para-Medical-Esthetician-Educator-Consultant-Permanent Makeup Artist:** Denise Yopp has over 30 years experience with a variety of medical skin care treatments: removal of brown spots, acne scars, lines, wrinkles, tone facial skin, microdermabrasion, permanent makeup applications and many more services. Contact: 954-680-4787 and visit www.sterlinggroupfoods.com

- **Beadahsrael@gmial.com:** Isabel Bell is a specialist in many areas of massage including therapeutic, hot stone, raindrop therapy. Contact: 305-794-3520

- **Ira Farber is a licensed physical therapist specializing in sports, general or-”

- **Hands-on Experience with a variety of medical skin care treatments: remo-

- **Cantor Eric Lindenbaum**
  - For safety reasons, children under age 13 are not allowed in the fitness center. JCC members, 13 and 14 years old, must take our Fit Teen exercise training course before using weight training or cardiovascular equipment.

- **Handball, Racquetball & Tennis Facilities**
  - Four indoor handball/racquetball courts. Reservations for the courts may be made up to 48 hours in advance. Black-soled shoes may not be worn on the courts. For safety reasons goggles are recommended.
  - For handball/racquetball reservations call 954-434-0499, ext. 100.
  - Racquetball & handball tournaments
  - Five lighted outdoor tennis courts. Our on-staff tennis pro offers private and group lessons for all ages.
  - Equipment is available and always free.

- **Recreational Facilities**
  - Two 11,000 square foot, air-conditioned gymnasia
  - 4,000 square foot covered batting facility
  - Two softball fields
  - Playgrounds for preschoolers and children

- **Locker Rooms**
  - Both men’s and ladies’ locker room facilities are open to members and their guests and include sauna and steam rooms. For locker rental (members only), contact the Sports and Wellness desk at 954-434-0499, ext. 100.

- **Aquatics Complex**
  - 25-yard, competition-size swimming pool with heating/cooling system
  - 1,500-square-foot teaching pool (heated from December-March)
  - 225-square-foot gated toddler pool
  - Spa
  - Pool hours vary by season. A lifeguard is on duty when pool is open.

- **Sports Leagues**
  - Basketball leagues are offered for all ages from children to adults. Softball, racquetball and kickball leagues are available. 2015 JCC Maccabi Games® & ArtsFest® - We are a host site. To get involved, please contact Barry Schumer, 2015 JCC Maccabi Games® & ArtsFest® Director at bschumer@dpjcc.org. For more information see page 10.

- **WiFi**
  - The JCC has free wifi hot spots located throughout the building.
Have Your Child's Birthday Parties at the J
Open to the entire community

Sports Party
FOR ALL AGES
Your two-hour party includes one hour of structured sports and games in our gym and one hour in our multipurpose room. We provide a variety of sports and cooperative games to keep your guests entertained, offering unlimited games to choose from. Special requests from parents and children are encouraged. To schedule call Risa Spevack at 954-434-0499, ext. 120.

Gymnastics Party
FOR ALL AGES
Your two-hour party includes one hour of structured activities and one hour in our multipurpose room. All parties have a structured activities session with a variety of enjoyable group exercises on all the competitive events. Children will enjoy learning skills on the floor, vault, bars, balance beam and trampoline. To schedule call Meredith Dreyfuss at 954-260-4409.

Pool Party
FOR ALL AGES
Your two-hour party with your own lifeguard includes one hour of supervised, structured pool games and one hour of free time, plus the use of a canopied poolside area with tables and chairs for the entire time. To schedule call Karla Smith at 954-434-0499, ext. 356.

Dance Party
FOR ALL AGES
Your two-hour party offers a variety of themes (Princess, Diva Pop Star, Magical Fairytale Land, etc.) and package options for your dancer. A "dress-up" session is available for any dance party for an additional fee. To schedule call Meredith Dreyfuss at 954-260-4409.

Coach Mike Preschool Party
AGES 3 TO 6
Your two-hour party includes one hour of structured activities and games run by the preschool P.E. teacher, Coach Mike, and one hour in our multipurpose room. Coach Mike will provide a variety of activities and games to keep your guests entertained and having a terrific time. To schedule, call Risa Spevack at 954-434-0499, ext. 120.

Balloons have ribbons and are inflated on site with helium. Additional balloons: $1.50. Balloon fees payable to Kaplan Services.

PARTY RATES
Includes 2-hour party for up to 25 children.
Members: $325 / Community: $425
Each additional child is $10.
You must provide the following: food (kosher), drinks, plates, cups, utensils, decorations, napkins, tablecloths and party favors. Plastic only please—no glass containers. The JCC is a kosher facility. No refunds. A 50% deposit must be paid to secure date.

Balloon Rates
- Single balloon arch: $75
- Balloon trees for tables: $10 (5 balloons and a weight)
- Additional balloons: $1.50

Mommie and Me Parties
FOR AGES 1-5
One of the following guests may lead these parties for an additional fee of $75: Ariel, Dorothy, Tinkerbell, Elsa, Minnie Mouse, Jasmine

Mommy and Me Classes
Your child will be the birthday star when we sing, dance, play instruments and groove to the beat of your child’s favorite tunes. There will be endless wiggles and giggles as your family and guests join in the fun with colorful parachutes, puppets, props, bubbles and loads of surprises.

Shira Simcha
Your birthday child will be the star when we sing, sign, play instruments and groove to the beat of your child’s favorite Jewish and Hebrew tunes. Mommies/daddies/caregivers will join the fun alongside the children, using music and movement to strengthen their connection to Judaism and celebrate their Simcha.

To schedule either party email Laura Lenes at BabyGrandOrchestra@gmail.com
At initial enrollment there is an additional non-refundable registration fee for all categories. This is a one-time fee with continuance of membership.

Government Employees/Jewish Communal Agencies’ Employees Special rates are available for full-time school teachers, law enforcement, city, county and federal employees of the tri-county area. Full-time employees of Jewish communal agencies are also eligible for discounted membership. Some restrictions apply.

Snowbird Membership For out-of-state residents residing locally between November and April, a temporary membership may be purchased. Fees vary according to category.

Active Military The DPJCC is proud to offer all active military personnel, their spouses and dependent children a gratis JCC membership throughout their active military status.

Corporate Memberships Would you like discounted memberships for your employees? Call us for a program customized for your company.

At initial enrollment there is an additional non-refundable registration fee for all categories. This is a one-time fee with continuance of membership.

### Membership Fees (Fees listed per month)

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family*</td>
<td>$82</td>
</tr>
<tr>
<td>Couple and all children under 25 years of age</td>
<td></td>
</tr>
<tr>
<td>Parent Plus*</td>
<td>$62</td>
</tr>
<tr>
<td>One adult and all children under 25 years of age</td>
<td></td>
</tr>
<tr>
<td>Individual</td>
<td>$48</td>
</tr>
<tr>
<td>Individual 36-59 years of age</td>
<td></td>
</tr>
<tr>
<td>Young Adult</td>
<td>$42</td>
</tr>
<tr>
<td>Individual between the ages of 18-35 years of age who is not a full-time student</td>
<td></td>
</tr>
<tr>
<td>Couple</td>
<td>$72</td>
</tr>
<tr>
<td>Couple without any children residing at home</td>
<td></td>
</tr>
<tr>
<td>Senior Couple</td>
<td>$58</td>
</tr>
<tr>
<td>Couple with at least one individual 60 years of age or older</td>
<td></td>
</tr>
<tr>
<td>Individual Senior</td>
<td>$38</td>
</tr>
<tr>
<td>Individual 60 years of age or older</td>
<td></td>
</tr>
<tr>
<td>Student*</td>
<td>$32</td>
</tr>
<tr>
<td>Full-time student 13-25 years of age with a current valid student I.D.</td>
<td></td>
</tr>
<tr>
<td>College Student</td>
<td></td>
</tr>
<tr>
<td>Summer/vacation memberships available. Contact the membership office for fees.</td>
<td></td>
</tr>
</tbody>
</table>

*13 and 14-year-old members are required to take the free FitTeen class in order to utilize the fitness center. Children under age 13 are not permitted in the fitness center.

### 2015 JCC Maccabi Games® & ArtsFest®

#### Payment Rates for JCC Maccabi Families

Sign up for a family membership and take $100 OFF your JCC Maccabi registration fee. Look at the list below for all the additional benefits of JCC membership.

<table>
<thead>
<tr>
<th>Exclusive Membership Perks</th>
<th>Member Fee $795*</th>
<th>Non-member Fee $895</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Fully-equipped fitness center with over 70 free group exercise classes</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>a week &amp; certified personal trainers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Four star, award-winning preschool</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>• After-school programming with transportation from area schools</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>• Award-winning summer day camps</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>• An outdoor, heated swimming pool, tennis courts, baseball fields,</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>covered batting cages, indoor basketball, handball/racquetball courts</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• A premier cultural arts destination. Member discounts to special events, activities,</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>speakers, enrichment/educational programs</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Reciprocity with over 250 JCCs in North America</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>• Additional annual membership fee required for JCC Maccabi discount</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

To enjoy all the perks of membership and save on JCC Maccabi, call Miriam Bahar at 954-434-0499, ext. 304.
Financial Assistance
All scholarship requests shall be handled on an individual basis with complete confidentiality. Arrangements for payment plans or fee adjustments for membership dues shall be made by the Membership Director. Guidelines shall be reviewed annually and be subject to change.

Guest Policy
Guests are welcome to attend our educational, social and cultural arts events, which are open to the community. (Program fees may apply.)

JCC members are invited to bring guests, without limit to the number of guests per year. A guest fee of $12 per day is charged and must be paid at the time of the visit.

Website, E-News & E-Blasts
Everything you need to know about the JCC is right at your fingertips on our website at www.dpjcc.org. We update the site on a daily basis to keep you totally informed. In addition, we send out a weekly E-Newsletter with holiday hours, upcoming programs and events and new classes that you may be interested in.

From time to time we also send out E-blasts on special programs, new or revised JCC policies, and even storm or hurricane information, relevant to the JCC. What we need from you is your email address. We do not sell or lend our lists to anyone, and we promise not to bombard you with a lot of email. If you are not receiving our weekly E-Newsletters, we probably do not have your current email address. Please send it to us at info@dpjcc.org and include your full name in the body of the email.

New members must present existing member’s name at time of joining. Call Membership for details.

How does a FREE ONE-YEAR MEMBERSHIP sound to you?

It’s simple with our
REFER-A-FRIEND Program

Refer 6 people, earn 6 months. Refer 12 people, earn a year.

Have you saved with your jrewards today?

As a thank you to our members, the David Posnack JCC is pleased to present discounts and special offers from local businesses in our community. To take advantage of these discounts, simply show your valid JCC membership card at time of purchase.

For a listing of participating local businesses and their special offers, pick up a brochure from our jrewards display at the J or visit www.dpjcc.org and click on jrewards in the Membership tab.

NEW BUSINESSES ARE ALWAYS WELCOME
If your business would like to participate in the jrewards program, please contact our marketing department at 954-434-0499, ext. 360 or email vadams@dpjcc.org.

Look for the jrewards sticker at participating merchants.

Please contact the Membership Department to inquire about current and/or upcoming membership promotions at 954-434-0499, ext. 304.
Dear DPJCC Member:

The safety and security of our membership is of utmost importance to us at the David Posnack Jewish Community Center. As an additional security measure, we are issuing parking passes to be hung from the **rear view mirror** in the vehicles of our members, staff and vendors. There is no charge for these passes.

During your next visit to the J, we ask that you complete (if you haven’t done so already) our parking pass form and return it to one of our reception desks either in the Bass or fitness lobby. (You may fill out the form below or pick one up in the lobby) Upon receipt of this completed form, one of our staff members will issue a numbered pass for your vehicle. If you have more than one vehicle that is driven onto campus, please fill out a separate form for each vehicle and you will receive additional numbered passes. Passes are registered to specific vehicles and are not interchangeable.

**Please note: In order to complete the form and receive your pass, you must record the license plate number of that particular vehicle on the form.**

If you have questions, please call **954-434-0499, ext. 319.** We appreciate your cooperation.

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**DPJCC Parking Pass Form**

<table>
<thead>
<tr>
<th>Type of Pass: M  S  V</th>
<th>Tag # __________________________</th>
</tr>
</thead>
<tbody>
<tr>
<td>(For staff use only)</td>
<td></td>
</tr>
</tbody>
</table>

Name: __________________________________________________________________________

First Name                              Last Name

Address: ________________________________________________________________________

City/State/Zip: __________________________________________________________________

Home #: ________________________________ Cell #: ________________________________

Yr: _______ Make: _______________________ Model: ___________________ Color: __________

License Information:

State of Issue: ______________________ Plate #: _________________________________

Signature: _____________________________________________________________________
Membership Application

FOR CENTER USE ONLY

Membership Number __________________________ Membership Type __________________ Date joined __________________

MEMBER ONE

First Name __________________________________ Last __________________________________ M.I. ______________ Title ______________

Home Address __________________________________ City __________________ State ______________ Zip __________

Phone ( ) _________________________ Cell Phone ( ) _________________________ Email Address ______________________________

Sex: [ ] Male [ ] Female

Birth Date: _____ / _____ / _____

Marital Status: [ ] Married [ ] Single [ ] Divorced [ ] Widow [ ] Separated

Occupation __________________________________ Firm Name __________________________________ Phone ( ) _________________________

Business Address __________________________________ City __________________ State ______________ Zip __________

MEMBER TWO

First Name __________________________________ Last __________________________________ M.I. ______________ Title ______________

Phone ( ) _________________________ Cell Phone ( ) _________________________ Email Address ______________________________

Sex: [ ] Male [ ] Female

Birth Date: _____ / _____ / _____

Occupation __________________________________ Firm Name __________________________________ Phone ( ) _________________________

Business Address __________________________________ City __________________ State ______________ Zip __________

DEPENDENTS

First Name M.I. Last Name (if different) Sex Birth Date (mon./day/yr.)

[I] [M] F _____ / _____ / _____

[I] [M] F _____ / _____ / _____

[I] [M] F _____ / _____ / _____

[I] [M] F _____ / _____ / _____

[I] [M] F _____ / _____ / _____

I am interested in receiving information about:

[ ] Fitness [ ] Adult Classes

[ ] Singles Events [ ] Sports Leagues

[ ] After-school Programs [ ] Summer Camp

[ ] Jewish Education [ ] Senior Programs

[ ] Cultural Arts Events [ ] Preschool

[ ] Tennis/Racquetball [ ] Children’s Classes

[ ] Teen Events and Programs [ ] Volunteering

[ ] Other ________________________________

David Posnack JCC
Nina & Louis Silverman Campus
On the corner of Stirling & Pine Island Roads
5850 S. Pine Island Road I Davie, Florida 33328 I www.dpjcc.org
Publicity/Promotions

Consent of Subject Release

☐ I, ___________________________, hereby grant permission, without reservation, to the David Posnack JCC and those authorized by the David Posnack JCC to take photographic images, videos, recordings, DVDs, CDs and to use them in original or modified formats in all media (including but not limited to newspapers, magazines, radio, television, JCC website, YouTube, social media, etc.) now or hereafter, with or without name, for the promotion and/or fundraising activities of the David Posnack JCC. The consent is for all members listed on the membership application.

Parent: Permission Form

☐ As the parent/legal guardian of the child/children listed on the membership application and those that may not be listed at the time of joining, I take full responsibility for the actions of the child/children and any and all minor guest of my child. I have signed this parent permission form and understand that I am fully responsible for their actions.

How did you hear about us?

☐ Facebook ☐ Mind/Body/Soul/Synagogue
☐ Friend ☐ Newspaper/Magazine
☐ DPJCC ☐ www.dpjcc.org
☐ Internet ☐ Outside Advertising (banners, benches, etc.)
☐ Guest ☐ Other ____________________________

Membership Card

• Presentation of your membership card is required for admission.
• Your membership card is not transferable. Loan of this card may result in loss of membership privileges.
• Your membership card is the property of the DPJCC and must be returned upon termination of membership.

Liability Waiver

It is understood and agreed that the DPJCC is not responsible for any damages or injuries suffered by me/us while participating in DPJCC functions or activities.

I/we understand and agree that any such participation by me/us is at my/our own risk.

It is further understood and agreed that if I/we am not familiar with the operation of any equipment or machinery while at the DPJCC, I/we will seek instruction from DPJCC personnel before using such equipment or machinery.

I/we agree that the DPJCC will not be responsible for losses or expenses incurred by me/us from accidents or injuries, which may result by reason of attending or participating in any activities at the DPJCC, my/our attendance at the DPJCC or any theft of my/our property in the DPJCC or surrounding areas.

I/we hereby release the DPJCC and its employees, officers and directors for any loss, damage, injury or expense I/we may incur while on the DPJCC premises, including, without limitation, those resulting from the negligence of any person.

The DPJCC reserves the right to restrict or to remove persons from DPJCC functions or activities or from its premises when they deem same to be necessary or appropriate.

Payment Options & Authorization

FIRST PAYMENT OR PAYMENT-IN-FULL IS DUE AT SIGNING. PLEASE CHOOSE ONE OF THE FOLLOWING OPTIONS.

☐ OPTION #1: PAY IN FULL

| Membership Fee: $__________________ |
| Enrollment Fee: $__________________ |
| Total Amount Due: $__________________ |

☐ Credit Card ☐ Check ☐ Cash

☐ OPTION #2: PAY MONTHLY BY CREDIT CARD

| Monthly Membership Fee: $__________________ |
| Enrollment Fee: $__________________ |
| Total Amount Due by End of Year: $__________________ |

☐ Visa ☐ MasterCard ☐ American Express

Name on Card ____________________________
Credit Card Number ____________________________
Expiration Date ____________________________ Zip Code __________

Do you wish to make a pledge to the DPJCC scholarship fund?

☐ No ☐ Yes How much? $__________________

Would you like your pledge to go to a particular program?

☐ Early Childhood ☐ Camp ☐ After-school ☐ Cultural Arts ☐ Maccabi

I understand that the membership fee is for 12 months from enrollment month. Membership dues are not transferable or refundable.

I understand this agreement is applicable for the entire membership period, which is for a period of one year, with this agreement to automatically renew each year on my renewal date for the following year’s membership fee, unless I give written cancellation notice to the DPJCC, 30 days in advance of the renewal date.

Upon renewal, I will be responsible for payment of the annual membership fee for the succeeding 12 month period.

I understand that membership fees are subject to change on an annual basis, and that the amount debited from my bank account or charged to my credit card will be adjusted accordingly.

If a payment is returned for any reason, I understand that I will be charged $25. The $25 fee and the declined monthly membership payment must be paid within 10 days of notification, or my membership may be discontinued. ______ (initials)

I understand that it is my responsibility to notify the DPJCC in writing should I change my financial institution and/or account at any time. I agree to pay all costs of collection incurred by the DPJCC, including reasonable attorney’s fees.
We’re Saving You A Seat. Don’t Miss A Frame.

SPECIAL EVENTS / CULTURAL ARTS

RUN BOY RUN
Thursday, January 29 | 8:00 p.m.
Monday, February 2 | 1:00 p.m.
Although a story of a childhood lost and a brutal war, this film is an ode to life, survival, faith and hope.
Per showing — DPJCC Members $9 / Community $11
German, Polish, Yiddish, Russian with English subtitles
Running time: 100 minutes

HILL START
Saturday, January 31 | 8:00 p.m.
In this enjoyable comic-drama, we meet a family with “issues,” who are forced to get their lives together when a tragedy occurs that affects them all.
DPJCC Members $9 / Community $11
Hebrew with English subtitles | Running time: 92 minutes

MR. KAPLAN
Wednesday, February 4 | 8:00 p.m.
Monday, February 9 | 1:00 p.m.
Uruguay’s submission for Best Foreign Language Oscar
Jacob Kaplan lives in Uruguay and is retired, bored and questioning his worth. Hearing some snippets of information, he decides a local, elderly German beach bar owner must be a former Nazi. So begins an amateur investigation that turns up some surprising results.
Per showing — DPJCC Members $9 / Community $11
Spanish with English subtitles | Running time: 95 minutes

24 DAYS
Tuesday, February 10 | 8:00 p.m.
Monday, February 16 | 1:00 p.m.
Ilan Halimi was 23 years old when “a gang of Barbarians” set a trap to abduct, torture and murder him just because he was Jewish. His mother revisits those 24 nightmarish days that served as an alert to keep our eyes wide open.
Per showing — DPJCC Members $9 / Community $11
French with English subtitles | Running time: 108 minutes

ZERO MOTIVATION
Thursday, February 12 | 8:00 p.m.
Winner of 3 Israeli Academy Awards
Playing out like M*A*S*H meets Private Benjamin, this zany, quick-witted and comedic film portrays the everyday life of a unit of young, female Israeli soldiers on a remote outpost.
NOTE: Contains explicit sexual content.
DPJCC Members $9 / Community $11
Hebrew with English subtitles | Running time: 100 minutes

APPLES FROM THE DESERT
Wednesday, February 18 | 8:00 p.m.
Rebecca, the only daughter of Ultra Orthodox Jewish parents is unhappy in her life. As she secretly exposes herself to the secular world, she forces her parents to confront their ways.
DPJCC Members $9 / Community $11
Hebrew with English subtitles | Running time: 96 minutes

THE DOVE FLYER
Saturday, February 21 | 8:00 p.m.
Monday, February 23 | 1:00 p.m.
In the early 1950s, 130,000 Jews left Iraq amid a volatile political climate and this ancient community ceased to exist. The story of why the Iraqi Jews were forced to leave has never been told in the cinema—until now.
Per showing—DPJCC Members $9 / Community $11
Arabic with English subtitles | Running time: 108 minutes

To purchase tickets visit www.jccfilm.com or call 954-434-0499, ext. 336.
TEMPLE SOLEL’S SHABBAT “LIVE” SERVICES WITH CANTOR ISRAEL ROSEN AND LES MISERABLES
Friday, February 20 | 7:30 p.m.
Please note: This event takes place at Temple Solel, 5100 Sheridan Street, Hollywood.
Journey to Broadway with Cantor Rosen and members of the Temple Solel choir as they celebrate “Shabbat Live” through the music of Les Miserables. This interactive service is open to all. FREE Admission

I GOT THE MUSIC IN ME
Thursday, February 26 | 7:30 p.m.
With Ari L. Goldman, author of The Late Starters Orchestra
Please note: This event takes place at the Stirling Road Library, 3151 Stirling Rd., Hollywood.
After his presentation, Mr. Goldman will perform with the musicians from the Opus One Orchestra.
Community Partner: The Friends of the Stirling Road Library
Musicians who have all come late to music or back to it after a long absence join together as a bona fide, amateur string orchestra. This is where Ari Goldman who hadn’t played his cello in 25 years would succeed in his goal to play for his sixtieth birthday party.
DPJCC Members $15 / Community $18

ESHET CHAIL
Sunday, March 1 | 7:30 p.m.
Featuring the Revital of Israel Dance Ensemble
Adorned in beautiful costumes, singing inspirational and emotional songs, this talented dance ensemble will entertain with the story of eshet chail, a woman of valor.
DPJCC Members $8 / Community $10

ITZHAK PERLMAN
Monday, March 23 | 8:00 p.m.
Please note: This event takes place at the Broward Center for the Performing Arts | Club Level at 201 SE 5th Ave., Fort Lauderdale.
It has been 50 years since a young Itzhak Perlman soared to international fame. Perlman returns to his great love of chamber music and performs a program of masterworks with pianist Rohan de Silva.
DPJCC Members & Community $150 | Limited club level seats available.

MEET THE MUSICIANS
Tuesday, March 24 | 7:00 p.m.
Wednesday, March 25 | 7:00 p.m.
Maestro Gary Sheldon will lead musicians from the Opus One Orchestra through a rehearsal of the music from Pointes of Departure, Miami City Ballet’s final performance of the season. FREE Admission

DUELING PIANOS
Music for Mitzvot
Sunday, April 12 | 7:30 p.m.
Please note: This event takes place at Soprano’s Dueling Piano Bar at Beach Place, 17 S. Ft. Lauderdale Beach Blvd., Fort Lauderdale.
Every seat in the house offers a great view of the main attraction—back-to-back pianos. The audience is encouraged to join in with the singing, clapping and tapping.
DPJCC Members & Community $25
Includes 1 drink. Food (non-kosher) is available for purchase.

CELEBRATING ISRAEL 67 IN SONG
Sunday, April 26 | 7:00 p.m.
In partnership with Samuel M. and Helene Soref Jewish Community Center
From across the county, cantors and choirs will come together in solidarity celebrating Israel’s 67th year of independence through songs and music, traditional and contemporary.
DPJCC Members $8 / Community $10

To purchase tickets visit www.jccmusicfest.com or call 954-434-0499, ext. 336.
Save the Date

SATURDAY,
MARCH 7, 2015
at the
DAVID POSNACK JCC
honoring
DEBBY & DENNIS EISINGER
LORI & MITCH GREEN

Presented by GFour Productions and Shari Upbin

Thursday, March 12 | 7:00 p.m.

This joyous theatrical event is filled with dance, tambourines and the ancient sounds of the shofar. Breathing life into ancient texts and told this time from the point of view of the women, this powerful performance reveals the intimate and strong narratives of our Biblical matriarchs—Sarah, Rebecca, Rachel, Leah and Miriam. As they invite us into their worlds, we find ourselves in familiar territory. Here are generations of women—learning, risking and loving. We invite you to witness their journey of discovery. You will ultimately feel as if you know them as intimately as you know yourself.

A talkback with the author will take place after the production.

Tickets: DPJCC Members & Community $20
For tickets and information call 954-434-0499, ext. 336.
SPECIAL EVENTS / CULTURAL ARTS

Tu B’shvat in the Park
Family Celebration
at TY Park
February 8
Noon- 3:00 p.m.
Music, Entertainment and Activities for All Ages
A Free Community Event (park admission applies)

Canvas and Cocktails
Get your art buzz on!
Wednesday • 7:30 p.m.
February 11, 2015
At Canvas and Cocktails all you need to do is sign up, show up and sip up. Your canvas, paints and brushes, light snack and wine, and instructors will be waiting to help you create your take-home masterpiece.
No painting experience necessary. Our artists will guide you step-by-step.
To reserve your spot (space is limited), call 954-434-0499, ext. 336.
Price: $30

“For the First Time in Forever”
Bring the Whole Family and...
Let It Go
at the DPJCC Family Night
Sing-A-Long
And have dinner with some very special characters
Monday, February 23
6:00-8:00 p.m.
In the Orlove Auditorium

Tickets
In Advance $25/Family*
At the Door $35/Family*
Community $35/Family* $45/Family*
*Ticket price includes sing-a-long movie, live character appearances and pizza dinner.

For more information or to purchase tickets call 954-434-0499, ext. 202 or 954-434-7038

Jean Leighton Art Studio Exhibit
Through March 8
In the Daub Corridor | Free Exhibit
Students from the Jean Leighton Art Studio will exhibit their beautiful pieces of 12 x 12 canvases that they created around the word “LOVE.” Each canvas may be purchased for $118, with part of the proceeds being donated back to the David Posnack JCC.

JCC Book Club
Open to the entire community.

• Thursday, March 19 | Sip and Skype | 7:30 p.m.
At the Museum of Art Fort Lauderdale, 1 E. Las Olas Blvd., Fort Lauderdale. Visit screen to screen with Gabrielle Selz, author of Unstill Life, a memoir of the art world and her larger-than-life father, Peter Selz, known as “Mr. Modern Art.”
DPJCC Members: $8 / Community: $10

• Wednesday, April 15 | 7:30 p.m.
Featured book: The Betrayers by David Bezmozgis, about an ex-Soviet Israeli politician, who encounters the man who betrayed him to the KGB decades before.
DPJCC Members: Free / Community: $5
EARLY BIRD CAMP-ALOOOZA

Don’t Miss Out on Early Bird Rates!
Thursday, March 12 | 6:00–7:30 p.m.
in the Kaye Gym
• Inflatables • Arts and Crafts
• Pizza/Snow Cones • Games

Fun for the Entire Family

Regular camp rates start March 14.

Camp Facts to Know
• Broward County Best Camp Award
• Camp programs for boys & girls ages 12 months-grade 9
• Noted DJ and entertainer Dale McLean joins the team as special events director
• Extreme Adventure Camp | for grades 6-8 1-day Orlando trip option
• LIT and CIT programs
• Premier Camps | JGirls & JTech
• Sports Camps | JSports & JHoops
• Special needs division for ages 3-21
• Post Camp Option

Camp Dates to Remember

March 12  Early Bird Camp-Alooza
June  1  Parent orientation for parents only
June  7  Meet the counselor day
June  8  First day of camp
July  1  Family camp night
July  3  No camp– Independence Day
July 31  Last day of camp– No extended day care

Questions? Call 954-434-0499 and extension:
•   Ages 12 mos.-5 yrs. Ext. 344
•   Ages 6-14 Ext. 202
•   Sports Camps Ext. 105
•   Special Needs Ext. 202

Nickelodeon Mystery Shabbat Dinner

SAVE THE DATE

Friday, April 24, 2015 | 6:00-8:00 p.m.
In the Orlove Auditorium

Join us for a mysteriously fun-filled, action-packed Shabbat dinner with games, prizes, family, friends, and of course, SLIME!

For questions and pricing information call Lisa Lundy at 954-434-0499, ext. 202 or Pat Doss at 954-434-7038.
Maccabi Tzair Tikva

Maccabi Tzair Tikva is a branch of Maccabi World Union, a Jewish youth movement whose directive is to pass on Jewish culture and traditions to everyone in the Tnua (our youth movement), helping them find and strengthen their Jewish identity and connection to Israel — and ultimately giving them a sense of belonging to the Maccabi Tzair Tikva family. Our madrichim (leaders) have been trained to guide the young chanichim (kids) and bring a special meaning to the meetings, programs and events. We have groups for every age level with age appropriate activities within each group.

Little Maccabi (Ages 3 years-Pre-K)  
Saturdays • 1:30-4 p.m.
Chanichim, belonging to our Little Maccabi program, meet every week with their madrichim in a fun setting, where they engage in activities and games relating to Judaism, traditions, personal and identity development.

Tikva (Grades K-8)  
Saturdays • 1:30-4 p.m.
Our older chanichim meet every week with their friends and madrichim and engage in an experience based on non-formal education through the use of games and entertainment. Chanichim are encouraged to connect with nature and participate in social interactions with their friends. Together, they learn and develop an identity as part of the Jewish community. Field trips, sleepovers and many special events are planned for them to have an unforgettable time.

School of Madrichim (Grades 9-10)  
Saturdays • 1:30-4 p.m.
SOM is a year-long program where leadership skills are taught through non-formal education to train and enable this age group to become madrichim in the Tnua (youth movement). SOM’s main goal is for the teens to establish a sense of belonging, develop friendships, increase Jewish identity and global awareness. They will also learn about culture and leadership, all of which will enable the soon-to-be madrichim to become well-rounded individuals with strong values to practice and teach. Participants in this program will be awarded a leadership certificate along with service hours (at least 300 per year).

Special events may include:
• Sleep over at the J • Family Shabbat dinner & SOM graduation
• SOM machane (camping) • Last day pool party • Purim carnival

For more information and fees for any of our Maccabi Tzair Tikva programs call 954-434-0499, ext. 203 or email mbudnik@dpjcc.org.
The JCC’s Early Childhood Learning Center is the #1 rated VPK provider in South Broward. We once again scored in the top 1 percent in the VPK readiness rate for the State of Florida. And, we were voted the #1 preschool in Davie/Cooper City by the readers of the Davie/Coopey City Gazette.

The Singer Early Childhood Learning Center has successfully completed Broward County’s Quality Rating System Program, which is administered through the Broward County Children’s Services Administration. Our school received a 4-star quality rating, which is the highest rating possible for a childcare program. We are APPELLE accredited and received the Gold Seal Award for the highest quality in programs from the Department of Children and Family Services.

Our preschool offers a unique combination of emotional, social, physical and intellectual development. Children experience art, cooking, music, Judaica, dramatic play, science, gymnastics, karate, creative movement, library, computers, CATCH physical education and more. We know that Judaic components are very important in a young Jewish child’s development. We are proud to be one of few schools in Florida selected and trained to participate in An Ethical Start® program, a groundbreaking way of teaching pre-kindergarten students Jewish values based on the text, Pirkei Avot, the ethics of our fathers.

NOW enrolling for school year 2015-2016

MINDY BERNSTEIN
Early Childhood Director
• Bachelor’s degree in elementary and early childhood education from University of Miami
• Special needs education degree
• State of Florida Director Credential

ARLENE ABRAMS
Assistant Early Childhood Director
• Bachelor’s degree in early childhood education from University of Puerto Rico
• State of Florida Director Credential

DATES TO REMEMBER

March 6   Purim Shabbat and parade
March 20  Man in My Life Shabbat
April 3   Children’s Passover Seder
April 6-10 Passover break
April 6-10 Passover mini camp option
April 13  School resumes
April 23  Yom Ha’Atzmaut parade
May 8    Mother’s Day Shabbat
May 13   Pee Wee Prom
May 25   Memorial Day. No school.
May 27   Z’s and 3’s Moving Up Ceremony
May 28   Pre-K graduation
May 29   Last day of school
June 8   Camp starts
**INFANT DAY CARE**  
Ages 3–11 months  
The Infant Day Care Center is a safe and loving environment with convenient and flexible hours for working parents.

**STEP BEYOND**  
Ages 12-17 months  
Child must be 12 months by September 1, 2014  
The Step Beyond program provides a safe and loving environment for your child with convenient and flexible hours. Housed in our award-winning, top-rated early childhood learning center, this program is limited in size and offers developmentally appropriate activities including JPlay, arts and crafts, music and playground time.

**ALMOST THERE PROGRAM**  
Ages 18-23 months  
Child must be 18 months by September 1, 2014  
A wonderful “first time” school experience for your toddler, this program meets three or five days a week. It is limited in class size and offers an exciting, developmentally appropriate curriculum with beginning social skills and educational concepts.

**Infant Day Care • Ages 3-11 mos.**  
<table>
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<tr>
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<td>M-F</td>
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**Step Beyond • Ages 12-17 mos.**  
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<tr>
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<td>M-F</td>
<td>7-6</td>
<td>$1030</td>
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**Almost There • Ages 18-23 mos.**  
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<tbody>
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**2 & 3 Year-Old Program**  
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**Pre-Kindergarten**  
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<tr>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
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</table>
| M-F  | 9-12   | $2,400 annually  
(VPK state-funded certificate may be used) |
| M-F  | 12-3   | $600 |
| M-F  | 12-6*  | $724 |
| M-F  | 7-9 & 12-6* | $788 |

*Must be registered for 9-12 program and be a JCC member to attend.

Except for infant day care, the fees listed above are to be paid monthly for 10 months.

For more information and registration please call the preschool at 954-434-7038.

**TWO-YEAR-OLD PROGRAM**  
Child must be 2 years old by September 1, 2014  
This program encourages independence and introduces children to a traditional school setting. Curriculum includes science, social studies, holidays, early math, language skills and Judaica.

**THREE-YEAR-OLD PROGRAM**  
Child must be 3 years old by September 1, 2014  
Children experience a hands-on exploration of their environment and are nurtured in a positive and socially rich setting that encourages individual growth and abilities. The curriculum includes language arts, math readiness, pre-writing skills, music, outdoor play, gymnastics, library, art, science, computers and Judaica.

**PRE-KINDERGARTEN (VPK)**  
Child must be 4 years old by September 1, 2014  
We offer the Florida State sponsored Voluntary Pre-K Program (VPK). A new creative curriculum this year includes early literacy, math, social studies, science, Hebrew, music, creative movement, karate, yoga, computers, Judaica, gymnastics and CATCH P.E. classes.

**ENRICHMENT CLASSES**  
Must be toilet trained

**ABC/MATH FUN**  
Age Pre-K  
We make reading fun and math magical by using games, books and manipulatives. We will read books, practice letter sounds/phonics and numbers, learn patterns and creatively introduce skills needed to prepare your children for pre-k and kindergarten.

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<td>12</td>
<td>$130/$165</td>
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**LITTLE CHEFS COOKING**  
Age Pre-K  
Creative and healthy cooking fun. Must be toilet trained.  
_Instructor: Miss Rosalee_

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<td>ECOOK</td>
</tr>
</tbody>
</table>

**SING WIGGLE & GIGGLE WITH SIMCHA**  
Ages 2-3  
We will groove to the beat of your child’s favorite Jewish tunes in English and Hebrew. This class is filled with kinesthetic movement, stories with puppets, parachutes and musical instruments. Children will increase their Jewish identity and have a fantastic time.

<table>
<thead>
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<tr>
<td>W</td>
<td>2:45-3:15</td>
<td>Feb. 25</td>
<td>12</td>
<td>$130/$165</td>
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</tr>
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**LITTLE PICASSOS**  
Age Pre-K  
This creative class will bring out the artist in your child. Must be toilet trained.  
_Instructor: Miss Iris_

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<tr>
<td>W</td>
<td>3:00-3:45</td>
<td>Feb. 25</td>
<td>11</td>
<td>$120/$155</td>
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For more information and registration please call the preschool at 954-434-7038.
**ENRICHMENT CLASSES Continued**

**LITTLE WIZARDS SCIENCE** *Ages 3-Pre-K*

This class is the perfect way to interest your child in science. Class features experiments, songs, stories and crafts on various science themes. The concepts are presented in a fun and playful way.

*Instructor: Miss Debbie*

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<th>Day</th>
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<th>Code</th>
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<tr>
<td>Th</td>
<td>2:45-3:30 pm</td>
<td>Feb. 26</td>
<td>11</td>
<td>$120/$155</td>
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**LEGO® MINI-ROBOTICS CLASSES** *Ages 3-4*

Your child will build amazing Lego robots that move, spin and roll using Lego technical parts and motors.

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<th>Day</th>
<th>Time</th>
<th>Start Date</th>
<th># Member/Community</th>
<th>Code</th>
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</thead>
<tbody>
<tr>
<td>F</td>
<td>2:30-3:30 pm</td>
<td>Feb. 27</td>
<td>10</td>
<td>$145/$190</td>
</tr>
</tbody>
</table>

For enrichment class registration call 954-434-0499, ext. 344 or email eneidorf@dpjcc.org

**BABY SING & SIGN: COMMUNICATE & CONNECT**

*Ages newborn-16 months*

Mondays • 1:45-2:30 p.m.

"Open your eyes" to a whole new world of communication by learning baby sign language with all the signs you need to communicate with your baby/toddler. Research shows that not only can children sign on average of 2-3 months earlier than they can use verbal speech, but also using baby sign increases their IQ. The class features songs, children's stories and the use of parachutes, puppets, props and bubbles.

**SING & SIGN WITH SIMCHA**

*Ages 3 months-2 years*

*A different Jewish value every week*

Wednesdays • 9:45-10:30 a.m.

Your child can become a star when you sign, learn sign language, play musical instruments, and groove to the beat of favorite Jewish tunes in both English and Hebrew. In this class filled with kinesthetic movement, Jewish children’s stories and the use of puppets and parachutes, you and your child will learn about the Jewish holidays and increase your Jewish identity while having a fantastic time.

**CONNECT, CARE & SHARE: MOMMY SUPPORT GROUP**

*Ages newborn-6 months*

Wednesdays • 12:30-1:15 p.m.

Has your life transformed overnight when your name changed to "mommy"? Many moms go through "culture shock" as they begin their journey into parenthood. Bring your infants and share your experiences, questions and tips while forming friendships and connections with other moms who are going through your same life changes.

**SHABBAT SINGS**

*Ages 3 months-2 years*

Fridays • 10:30-11:15 a.m.

Shabbat is a time for us to quiet down our lives and think about what is most dear to us. Your children are probably at the top of your list! So, join with us and sing fun Shabbat songs, eat challah and sip grape juice, and we will usher in the spirit of Shabbat with parachutes, bubbles, puppets, musical instruments and more.

**BUBBIE & ME**

*Ages 3 months-2 years*

Fridays • Noon-12:45 p.m.

Imagine the nachas you will feel when you connect with other grandparents who love to schmooze and kvell over their grandchildren as much as you do! Bubbies (Zaidies welcome too) and grandchildren will sing, learn sign language, play instruments and groove to the beat of favorite Jewish, Hebrew, holiday and Shabbat tunes. You and your kinderlach will enjoy songs, parachutes, puppets, props, bubbles and Jewish stories that will teach Hebrew and Jewish values in an engaging way.

**MACCABI TZAIR TIKVA**

*A Jewish Youth Movement*

**Little Maccabi**

For Boys & Girls • *Ages 3 & 4*

Maccabi Tikva is a Jewish youth movement that seeks to maintain the traditions, culture and education of our people. Toddlers may come and play in a safe environment and learn about their Jewish heritage through a variety of fun activities. For more information and to register call 954-434-0499, ext. 203 or email mbudnik@dpjcc.org.

**INSTRUCTOR LAURA LENES**

“Miss” Laura has academic degrees in musical theater/early childhood education/sign language.

**Ongoing registration – so register at any time.**

Package Cost: $180 for 12 classes ($60 discount) Per Class Drop-in: $20

For registration and information call 954-434-7038.
JCC main number: 954-434-0499

Amy Shutter
Vice Chair Children and Family Services
mchanan@dpjcc.org
Ext. 317

Michael Chanan
Children and Family Services Director
mchanan@dpjcc.org
Ext. 317

Krystle Hindman
Children and Family Services Associate
khindman@dpjcc.org
Ext. 317

Lisa Lundy
Administrative Assistant
llundy@dpjcc.org
Ext. 202

• Bachelor’s degree in recreation management and tourism from Arizona State University
• State of Florida Director Credential

MICHAEL CHANAN
Children and Family Services Director
• CDA Early Childhood Degree
• More than 6 years after-school program experience

KRYSTLE HINDMAN
Children and Family Services Associate
• CDA Early Childhood Degree
• More than 6 years after-school program experience

FAMILY, CHILDREN & TEENS

CHILDREN’S ENRICHMENT CLASSES/PROGRAMS

JAZZY ART WITH MISS TARA
Grades K-5
Children will learn to create art using a variety of media including mosaics, drawing, painting and ceramics. For registration call 954-434-0499, ext. 202.

Day Time Start Date # Member/Community Code
M 4:00-4:45 pm Feb. 23 11 $135/$170 CHART

MODEL ROCKETRY WITH MR. BEN
Grades 1–5
Children will build their very own model rockets and launch them into “space” with the help of an experienced instructor. Included in the class is one model rocket per child. After the children complete building their first model rocket, they may purchase additional model rockets to build. For registration call 954-434-0499, ext. 202.

Day Time Start Date # Member/Community Code
F 4:00-4:45 pm Feb. 27 11 $130/$170 ROCKET

STOP MOTION ANIMATION
Grades K-5
Have you ever wanted to see your child’s stories come to life? In this class, kids learn to create a story using stop-motion animation. Similar to making a flip book, students take digital pictures and group them together in time-sequence to produce a motion video. The videos may be completed individually or with a group of friends. For registration call 954-434-0499, ext. 202.

Day Time Start Date # Member/Community Code
W 3:30-4:30 pm Feb. 25 12 $175/$225 ANIMATION

LEGO® ROBOTICS
Grades K-5
Your kids will build amazing Lego robots that move, spin and roll using Lego technical parts and motors. Each creation has a unique and dynamic mechanism bringing the robots to life. For registration call 954-434-0499, ext. 202.

Day Time Start Date # Member/Community Code
W 4:35–5:35 pm Feb. 25 12 $175/$225 LEGOROB

PJ LIBRARY IN HEBREW
Story time for kids ages 3-8
For more information call Lea Shani at 954-434-0499, ext. 106.

JRS MACCABI
Jewish Recreation and Social Maccabi
Children, ages 8–12, can participate in JRS, a unique JCC Maccabi Games® and ArtsFest® experience. JRS calls out to kids interested in sports, arts and fun. The program runs on selected Sundays in February, March and May. Kids receive instruction in a specific sport and an art activity and receive a snack and T-shirt. JRS also has an educational Jewish component that is modeled after the JCC Maccabi Games® and ArtsFest® program. JRS participants will have the opportunity to march in the opening ceremonies at the JCC Maccabi Games® and ArtsFest® hosted by the DPJCC in August. For more information call 954-434-0499, ext. 326 or email Miriam Mercado, JCC Maccabi Games® and ArtsFest® assistant director, at mmercado@dpjcc.org. See Maccabi supplement for prices.

STOP MOTION ANIMATION
Grades K-5
Have you ever wanted to see your child’s stories come to life? In this class, kids learn to create a story using stop-motion animation. Similar to making a flip book, students take digital pictures and group them together in time-sequence to produce a motion video. The videos may be completed individually or with a group of friends. For registration call 954-434-0499, ext. 202.

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Day Time Start Date # Member/Community Code
W 4:35–5:35 pm Feb. 25 12 $175/$225 LEGOROB

Looking to get in a workout on Sunday morning but can’t leave the kids home alone? Bring your 6-12 year olds to the JKidz Club, a place where they may enjoy an array of activities including sports, dance, Wii and Xbox games and art projects with our amazing after-school program staff. We promise peace of mind for you and a great time for your kids. And, it’s FREE!

Advance registration is required. Call 954-434-0499, ext. 100. Parents must remain on premises. Open to members only.

Kidz Club
Hours: Sundays | 8:45-11:30 a.m.
**Grasp Learning***

It’s time to unleash a joy of learning and instill pride in learning achievement. Grasp is a personalized after-school academic support program. Participants attend 90-minute sessions guided by Grasp-certified learning coaches (coach to student ratio is 1:5). Students complete their day-to-day homework and acquire enduring study skills. Mini-workshops within Grasp sessions teach digital skills and promote individual and social play through games and movement. Grasp also offers a program tailored to middle school student needs.

**New**

**CenterStage Kidz**

For Ages 6-18

The perfect program for your up and coming young performer is now at the J. Making its debut this fall is CenterStage Kidz, a unique theater experience designed to evoke interest in all aspects of musical theater and spark the creative spirit in your budding actor. During the 11-week program, which culminates in a musical performance, students will be immersed in all facets of musical theater and will be encouraged to work hard, refine their talents and strive for success. The end result will leave the students feeling like they are part of a “theater family.” For information call 954-434-0499, ext. 336.

**Rachel Klein** has not only been involved as a teacher and director in all areas of musical theater, but has been working professionally as a performer for most of her life. She is looking forward to building a wonderful arts program here at the J.

**New**

**CenterStage Kidz is directed by the following:**

**Rachel Klein**

Rachel Klein has not only been involved as a teacher and director in all areas of musical theater, but has been working professionally as a performer for most of her life. She is looking forward to building a wonderful arts program here at the J.

**Brittany Kernohan** is as passionate about dance as she is about teaching children. As a NWSA graduate she enjoys every aspect of dance, from performing to choreographing. She is looking forward to working with and watching all the young performers blossom in creativity.

**Brittany Kernohan**

To register call 954-434-0499, ext. 336.

**MACCABI TZAIR TIKVA**

A Jewish Youth Movement
For Boys & Girls • Grades K-8
The Maccabi Tikva program seeks to maintain the traditions, culture and education of our people. We provide non-formal Jewish education by teaching history, traditions and holidays. Our purpose is to keep our children in a cohesive group where they feel comfortable and safe maintaining their Jewish identity. They will create lifelong friendships and ties to our community by participating in group activities, trips and seminars. For more information call 954-434-0499, ext. 209 or email mbudnik@dpjcc.org.

**Day** | **Time** | **Start Date** | **#** | **Member/Community**
--- | --- | --- | --- | ---
Tu & Th | 3:45-5:30 pm | Call for info. | 22 | $350/$455

**Grasp Monthly Fees (Pre-K-8):**

<table>
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<th>JCC Members</th>
<th>Community</th>
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<tr>
<td>1 session/week</td>
<td>$120</td>
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<tr>
<td>2 sessions/week</td>
<td>$240</td>
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<tr>
<td>3 sessions/week</td>
<td>$360</td>
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<tr>
<td>4 sessions/week</td>
<td>$480</td>
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<tr>
<td>5 sessions/week</td>
<td>$575</td>
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**Individual Tutoring Monthly Fees (Pre-K-8):**

For students needing individual attention and for whom a group setting is not appropriate, Grasp offers one-to-one tutoring:

| 1 session/week | $200 |
| 2 sessions/week | $400 |
| 3 sessions/week | $575 |

**Sibling discounts:** 10% off second enrollment

To register call 954-434-0499, ext. 209. Upon registration, Grasp will contact each parent to schedule a goals conference.

**NEW**

*NOTE:* Due to the DPJCC partnership with Grasp Learning, we no longer provide space for individual tutors during after-school hours. We encourage our after-school participants to join Grasp Learning for any tutoring needs.
Our After-school Adventure Program offers your child a variety of choices for creative, fun and stimulating activities in a safe and nurturing environment. Our amazing facility offers features not found in other after-school programs. Your child will enjoy weekly Shabbat celebrations, special holiday programs and activities that enhance and teach many skills. In addition to all the activities included in the program, your child may also enroll in enrichment classes — staying busy every afternoon without having to leave our campus. Public school early release days and daily snacks are included in our fees.

Your child can look forward to:
• Arts and crafts • Science • Kickball • Soccer
• Game room • Gym • Cooking • Computer lab
• Sidewalk games • Swimming • Basketball • Karaoke
• Judaic activities • Outdoor playground • JPlay
• Daily supervised homework room
• Jewish holiday celebrations • Themed days
• Jazzy Art+
• Model Rocketry+
• Stop Motion Animation+
• Lego® Robotics+
• CenterStage Kidz+
• Grasp Learning Program+*  
+Separate registration and fee required.

*NOTE: Due to the DPJCC partnership with Grasp Learning, we no longer will provide space for individual tutors during after-school hours. We encourage our after-school participants to join Grasp Learning for any tutoring needs.

TEEN J CREW
Middle schoolers do not have to go home to an empty house. Your child may:
• Hang out with friends
• Take a swim in one of our pools
• Shoot some hoops
• Play in Wii and Xbox game room
• Use the computers
• Finish homework
• Cook some food
• Participate in LIT Training

TRANSPORTATION
Our after-school program provides transportation from the following schools: (minimum number required)
• Cooper City
• Embassy Creek
• Fox Trail
• Griffin
• Hollywood Hills
• Pioneer Middle
• Renaissance
• Charter School
• Sheridan Park
• Silver Ridge
• Stirling

Note: David Posnack Jewish Day School students are escorted to the JCC.

For information and fees for our special programs call 954-434-0499, ext. 202.
**TEEN PROGRAMS & ACTIVITIES**

**MACCABI TZAIR TIKVA**
A Jewish Youth Movement  
School of Madrichim • Grades 9 and Up  
The program focuses on training participants to take on leadership positions within the community, while at the same time increasing their knowledge of Jewish subjects. The program includes trips, camping, seminars, etc., and helps build a strong connection to the roots of Judaism. Ultimately, the program graduates become madrichim (leaders) and will be awarded a leadership certificate along with service hours (at least 300 per year). For more information and to register call 954-434-0499, ext. 203 or email mbudnik@dpjcc.org.

**COMMUNITY SERVICE – ONGOING**
Does your teen need community service hours for school? The DPJCC has the hours to help meet the need. Please call Michael Chanan at 954-434-0499, ext. 317 to find out what hours are available.

**FITNESS CLASSES FOR TEENS**
Teens can get fit with special classes geared just for them.  
- Teen/Young Adult Power Abs with ProfessorFit  
See page 30 for schedule and fees. For information call 954-434-0499, ext. 100.

**GOLD COAST REGION BBYO**
For Boys & Girls • Grades 9–12  
Gold Coast Region BBYO engages over 1,100 Jewish teens a year in a variety of fun and innovative programs. The community-based leadership programs help teens develop the leadership skills needed to build the Jewish community of tomorrow. BBYO offers a variety of programs focusing on Jewish identity enrichment, leadership development, social action and advocacy education—all through a pluralistic Jewish approach. Membership in BBYO for grades 9–12 is just $75 a year or $149 for all of high school. In grades 6–8? Participate in BBYOConnect and pay per event.

For more information on the programs available, please contact Gold Coast Region BBYO at 954-252-1912 or gcr@bbyo.org.

2015 JCC Maccabi Games® and ArtsFest®
Proudly hosted by the David Posnack JCC  
August 9–14, 2015  
Become part of the JCC Maccabi family when this incredible event comes to Broward County for the first time.  
- Host families: Jewish households are needed to open their homes.  
- Volunteers: Over 1,000 volunteers are needed.  
- Spectators: All Broward County residents are invited to be our guests. Registration is required.  
- Athletes & Artists: Limited spots still remain.  
Learn more at fortlauderdalejccmaccabi.com, 954-501-2015 or the Maccabi supplement in this guide.

**COMMUNITY SERVICE – ONGOING**
Does your teen need community service hours for school? The DPJCC has the hours to help meet the need. Please call Michael Chanan at 954-434-0499, ext. 317 to find out what hours are available.

**TEEN J CREW**
Middle-schoolers have the perfect place to come to after school. Have them spend their afternoons at the J. See page 22 for more details on our J Crew After-school program.
ADULT PROGRAMS

The Adult Programs Department plans a multitude of events and programs throughout the year that are educational, cultural, entertaining, stimulating and just plain fun. There is something for everyone to enjoy. For information or to register for any adult program call 954-434-0499, ext. 336.

DEBBIE HOCHMAN
Adult Services/Cultural Arts Director
• Bachelor’s degree from Tulane University
• Responsible for developing and supervising adult programming/cultural arts
• Project director of JCC senior lunch program
• Experience includes coordinating cultural arts programs at the Children’s Jewish Museum and adult special events at the Miami Jewish Museum

LEA SHANI
Assistant Adult Services/Cultural Arts Director
• Bachelor of Arts in education and sociology and master’s in mass communications and journalism, Hebrew University, Jerusalem
• Israeli House coordinator at the Israeli consulate in Miami and Yovel managing director, creating activities for Israeli and Jewish community.

Laurie Suskind, Vice Chair Adult Services and Cultural Arts
JCC main number: 954-434-0499
Debbie Hochman
Ext. 368
Adult Services/Cultural Arts Director
dhochman@dpjcc.org
Lea Shani
Ext. 106
Assistant Adult Services/Cultural Arts Director
lshani@dpjcc.org
Linda Kirschenbaum
Ext. 336
Administrative Assistant
lkirschenbaum@dpjcc.org
Shelly Fried
Ext. 370
Lunchroom Supervisor
sfried@dpjcc.org

DEBBIE HOCHMAN
Adult Services/Cultural Arts Director
• Bachelor’s degree from Tulane University
• Responsible for developing and supervising adult programming/cultural arts
• Project director of JCC senior lunch program
• Experience includes coordinating cultural arts programs at the Children’s Jewish Museum and adult special events at the Miami Jewish Museum

JEAN LEIGHTON ART STUDIO AT THE DPJCC
Ann Wolkowitz and Linda Altshuler run the Jean Leighton Art Studio and teach classes in drawing, oil painting, acrylics, watercolor, pastel, mixed media and collage. They coordinate several art shows and workshops during the year, giving students the opportunity to exhibit their work. “Art can change your life,” say Linda and Ann. To register call 954-434-0499, ext. 336.

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Ann Wolkowitz and Linda Altshuler run the Jean Leighton Art Studio and teach classes in drawing, oil painting, acrylics, watercolor, pastel, mixed media and collage. They coordinate several art shows and workshops during the year, giving students the opportunity to exhibit their work. “Art can change your life,” say Linda and Ann. To register call 954-434-0499, ext. 336.

JLink
The Next Generation of JCC Leaders
Are you looking to meet new people? Make new friends? Get involved in your community? We are up and coming young professionals (ages 21-35) connecting through social events, sports/sporting events, community service and professional development and learning. We have events scheduled monthly. We invite you to join our group, JLink, on Facebook to get all of the upcoming event information. Don’t miss out on our next event!

Also, we are recruiting people for kickball teams to play in leagues here at the David Posnack JCC. Kickball games take place on Monday nights.

Have questions about JLink events and/or our kickball teams? Contact Veronica Adams at vadams@dpjcc.org or 954-434-0499, ext. 360.

STUDIO CLASS

Day Time Start Dates # Member*/Community* W 10 am-2 pm Feb. 25 & Apr. 16 7 $175/$225 Th 10 am-2 pm Feb. 26 & Apr. 17 7 $175/$225
* Plus a one-time $10 materials fee.

BEGINNERS DRAWING CLASS

Day Time Start Dates # Member*/Community* M 10 am-Noon Feb. 23 & Apr. 13 7 $85/$110
*Materials fee not included.

INTERMEDIATE DRAWING, WATERCOLOR & COLLAGE

Day Time Start Dates # Member*/Community* T 10 am-Noon Feb. 24 & Apr. 14 7 $85/$110
*Materials fee not included.

OPEN STUDIO

Day Time # Member/Community T Noon-4 pm Ongoing $15/$20 F 10 am-2 pm Ongoing $15/$20
CLASSES/ACTIVITIES

AGELESS GRACE
A dynamic fitness program for seniors in which the brain is stimulated by everyday natural and organic movements that increase cognitive function in various areas of the brain. A study conducted at Harvard University showed that the most effective way to stave off dementia and Alzheimer’s is for the body to move and create new patterns for the brain, rather than separating body and mind exercises. All exercises are performed in a chair.
To pre-register call 954-434-0499, ext. 370.
Instructor: Lana Gelb

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<td>W</td>
<td>11:00 am</td>
<td>Ongoing</td>
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BEREAVEMENT GROUP
This support group, facilitated by experienced counselors, is for individuals who have lost a loved one. The group is free and open to the community. It is run in collaboration with Catholic Hospice.
Please call before first time attendance.
Contact: 954-434-0499, ext. 370

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<tr>
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<td>11:00 am-Noon</td>
<td>Ongoing</td>
<td>Free</td>
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NEW CAREGIVER SUPPORT GROUP
Join us in sharing the joys and oys of caregiving. This group is forming especially for those who give so much of themselves to care for and nurture others. Experience support and caring from your peers while gaining invaluable insights, resources and coping strategies. You deserve an hour for just you, and it's FREE! For information call Jayne Stillman at 954-434-0499, ext. 372.

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<th>Time</th>
<th>Start Date</th>
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<tbody>
<tr>
<td>Sun</td>
<td>1:00-2:00 pm</td>
<td>Ongoing</td>
<td>Free</td>
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COFFEE TALK
This is not your mother’s coffee klatch! Adults 55+ are invited to a lively “young at heart” discussion group. Topics range from funny and provocative to sharing life experiences, travel and pertinent issues in the news. The group also has speakers and plans social outings. Call Janet for further information at 954-475-8080.

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<th>Time</th>
<th>Start Date</th>
<th># Member/Community</th>
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<tbody>
<tr>
<td>Sun</td>
<td>10:30 am-Noon</td>
<td>Ongoing</td>
<td>$3/$5</td>
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55+ DINNER CLUB
Get together with the 55+ Dinner Club for an evening of good food, great fun and interesting company. Couples include spouses and significant others. The group meets monthly on mutually agreeable dates. Couples take turns picking the restaurants. No dues, no speeches—just an evening of socializing in a friendly setting. It’s a great way to meet new friends. For more information call Valerie Feldman at 954-447-9341, or email her at feldman_605@comcast.net.

For more information or to register for any of these classes or programs call 954-434-0499, ext. 336.

DUPLICATE BRIDGE
A competitive, stratified ACBL sanctioned duplicate bridge game. Come play bridge in a relaxed environment; bring a friend or make a new one. Partners may be arranged. For more information, contact T.J. Singer at jcc@anotherbridgeclub.com or 954-399-1222.
Instructor: T.J. Singer

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<th>Day</th>
<th>Time</th>
<th>Start Date</th>
<th># Member/Community</th>
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<td>T</td>
<td>7:00-10:00 pm</td>
<td>Ongoing</td>
<td>$7/$10</td>
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<tr>
<td>Th</td>
<td>7:00-10:00 pm</td>
<td>Ongoing</td>
<td>$7/$10</td>
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*Fees are per class. Prepay for 10 entries and get one for free.

ISRAEL NOW
1st & 3rd Thursday of the month
Israel and the Middle East — the history, politics, religion, ethnicity, water, oil and current events — are all discussed in this lively, open-discussion class moderated by Dr. Steve Schoenbaum. Expression of all viewpoints is encouraged.
For information call 954-434-0499, ext. 370.

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<th>Day</th>
<th>Time</th>
<th>Start Date</th>
<th># Member/Community</th>
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<tbody>
<tr>
<td>Th</td>
<td>10:30-11:30 am</td>
<td>Ongoing</td>
<td>Free</td>
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NEW KICK START YOUR HEALTH
Join Food for Life instructor Myra Atlas in exploring how a diet rich in vegetables, fruits, grains and legumes can enhance your health and support your wellness goals. Learn the latest nutrition information and cooking demonstrations. Taste healthy, delicious dishes and share your experiences in a supportive setting.
To register, call 954-434-0499, ext. 336.

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<tr>
<td>T</td>
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<td>Feb. 24</td>
<td>$125* $160*</td>
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*Includes supplies and food. Minimum of 10 needed to have class.

KNITTING & CROCHETING
Come be a part of this ongoing, worthwhile project. Knit or crochet caps, wraps, and blankets to be donated to adult and children cancer patients undergoing treatment in hospitals in Broward and Miami-Dade counties. Instruction is available if you don’t know how to knit or crochet and would like to learn. For information call 954-434-0499, ext. 370.
Instructors: Gail Topping & Aline Zucker

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Knitting group celebrates its 4th anniversary and has donated 12,000 knitted items.

25
MAH-JONGG (PLUS CANASTA ON MONDAYS)
Learn mah-jongg basics or just come to play. This is an ongoing class so you may join at anytime. Instruction is available if needed. Come by yourself to learn or bring your mah-jongg group to play. For more information call Nancy Alberts at 954-322-2581.
Instructor: Nancy Alberts

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*Plus card fee of $8

MOVIE MONDAYS
Join us every Monday in the Horowitz Music Room for a feature film. Call 954-434-0499, ext. 370 to find out this week's film. No reservations necessary.

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YIDDISH CLASS
Appreciate the Yiddish language by exploring literature and culture through classroom discussion. All levels from beginner to philosophers are welcome. For information contact Jay Riazanow at 954-835-0532.
Instructor: Jay Riazanow

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For more information or to register for any of these classes or programs call 954-434-0499, ext. 336.

PARKINSON’S SUPPORT GROUP
Sponsored jointly by the JCC and the National Parkinson’s Foundation, this twice a week support program is open to anyone who has the disease. Physical exercise classes provide much help to slow the progression of Parkinson’s. Yoga, tai chi, Ageless Grace and discussions are all part of the group’s activities.

- Yoga for Parkinson’s utilizes poses and exercises to improve joint range of motion, flexibility, core strength, balance, posture and breathing and sense of well-being. All poses and breathing exercises are performed either seated in a chair or standing.
- Tai Chi for Parkinson’s guides the body through gentle, flowing poses that experts say may help patients move more steadily and improve balance. Exercises are customized from the chair or standing.

For more information call Bob Schwartz at 954-805-1800.

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Enjoy delicious food and fun activities. Meet new friends, or bring a friend with you. Lunch is open to anyone in the community age 60 and over… and YOU DO NOT HAVE TO BE A MEMBER OF THE JCC. A $2 donation is requested.

While here, check out some fun activities:
- Mah-jongg
- Bridge
- Painting
- Knitting
- Yiddish
- Movies

This lunch program is sponsored through a partnership with the David Posnack Jewish Community Center, the State of Florida Department of Elder Affairs and the Aging Disability Resource Center.
SPORTS & WELLNESS

WILL CROUD
Assistant Sports & Wellness Director/Athletics
- Bachelor of Science, University of Central Florida
- Former professional baseball player in the Los Angeles Angels Farm System
- Serves as a private baseball instructor for the Broward Baseball Academy at the DPJCC

YSAAC KAPLAN
Assistant Sports & Wellness Director/Fitness
An athlete for as long as he can remember, Ysaac has a very high success rate in helping clients reach their physical goals. Ysaac says “the passion to help others in the fitness industry has and will always be my life.”

SHARON BARTEN
Sports & Wellness Fitness Coordinator
Sharon has more than 21 years of experience in personal training and teaching group fitness classes on land and in the water. She can help you reach your goals for fitness and health.

RISA SPEVACK
Sports & Wellness Fitness Assistant
Risa has more than 20 years of experience in sports evaluation, treatment and the rehabilitation of athletic injuries. With Risa as your trainer, you can be assured of the success of your fitness and sports goals.

FOR YOUR INFORMATION
February 22 Winter Youth League Finals
February 22 Around the World in Red
February 23-26 & March 1 Spring Youth League Drafts
March 23-27 & April 6-10 Spring Break Mini-Camps
April 24-26 7th Annual Racquetball Tournament
August 9-14 JCC Maccabi Games® & ArtsFest®

Personal Training Rates for Ysaac Kaplan, Sharon Barten & Risa Spevack
Member/Community
$35/$45 for 30-minute session*
$315/$405 for (10) 30-minute sessions*
$560/$720 for (20) 30-minute sessions*
$60/$75 for one-hour session
$540/$675 for (10) one-hour sessions
$960/$1,200 for (20) one-hour sessions
$75/$100 for one-hour couples session
$675/$850 for (10) one-hour couples sessions
$1,200/$1,600 for (20) one-hour couples sessions
*Trainer’s discretion

Hillary Waksman, Vice Chair Sports and Wellness
JCC main number: 954-434-0499
Spencer Linden
Sports & Wellness Director
slinden@dpjcc.org
Will Croud
Assistant Sports & Wellness Director/Athletics
wcroud@dpjcc.org
Ysaac Kaplan
Assistant Sports & Wellness Director/Fitness
ykaplan@dpjcc.org
Sharon Barten
Sports & Wellness Fitness Coordinator
sbarten@dpjcc.org
Risa Spevack
Sports & Wellness Fitness Assistant
rspevack@dpjcc.org
Krystal Sheldon
JHoops League Coordinator
ksheldon@dpjcc.org
Maddy Johnson
Registrar
slinden@dpjcc.org
**Sports & Wellness Fitness**

**Fitness**

**Personal Training**

For more information about our trainers including their certifications, visit our website at [www.dpjcc.org](http://www.dpjcc.org).

**MARK DEGEN**

Mark has 19 years of experience in all types of exercise settings working with clients of all ages with various health concerns. He has an undergraduate degree in exercise science and is certified as an ACSM health fitness specialist, the gold standard in the exercise profession. He also practices as a registered nurse on an orthopedic/medical surgical floor and is currently working on a bachelor’s degree in nursing. Mark will take your goals, current health/medical abilities and make some magic happen.

**Member/Community**

- $50/$65 for one-hour session
- $70/$90 for one-hour couples session

**LANA GELB**

Lana Gello, M.S., a native of South Africa, is ACSM-certified, a registered somatic movement therapist and a yoga therapist. In the wellness fitness industry for 31 years, Lana provides CECs for the American Council on Exercise (ACE); is certified in whole body vibration training; and brought the Wave machine to the J for individual and couples training. As a post-rehab and movement disorders specialist, Lana brings a therapeutic approach to her work and specializes in seniors and individuals with auto-immune diseases, Parkinson’s Disease and sports injuries.

**Member/Community**

- $35/$45 for 30-minute session
- $300/$400 for (10) 30-minute sessions
- $70/$90 for one-hour session
- $600/$780 for (10) one-hour sessions

**JUSTIN GOLDBERG**

Justin’s fitness journey began in high school where he competed in football and became a FHSAA state power-lifting champion. His passion for sports/fitness continued at Upper Iowa University where he played football. Justin is a National Strength and Conditioning certified personal trainer and has the knowledge to help you reach and surpass your fitness and athletic goals.

**Member/Community**

- $30/$40 for 30-minute session
- $250/$350 for (10) 30-minute sessions
- $55/$70 for one-hour session
- $500/$650 for (10) one-hour sessions

**SCOTT RAPOPORT**

Scott has more than 16 years of training experience, as well as experience in coaching semi-professional soccer and working with children of all ages in sports-related programs.

**Member/Community**

- $35/$45 for 30-minute session
- $300/$400 for (10) 30-minute sessions
- $500/$700 for (20) 30-minute sessions
- $65/$80 for one-hour session
- $650/$800 for (10) one-hour sessions
- $1,300/$1,600 for (20) one-hour sessions
- $90/$120 for one-hour couples session
- $850/$1,150 for (10) one-hour couples sessions
- $1,650/$2,250 for (20) one-hour couples sessions

**REYNALDO RIVERO**

Reynaldo works with populations of all ages from the sedentary to athletic. His clients are drawn to his discipline methods, as well as his combined experience in martial arts, gymnastics, strength training, flexibility and Muay Thai.

**Member/Community**

- $650/$850 for (10) one-hour sessions
- $1,000/$1,400 for (20) one-hour sessions
- $90/$120 for one-hour couples session
- $850/$1,150 for (10) one-hour couples sessions
- $1,650/$2,250 for (20) one-hour couples sessions

**DAVID SCHNEIDER**

David has been a personal trainer and massage therapist since 1995. He has a bachelor’s degree in exercise science from Barry University and is a competitive runner with a focus on middle distance. David has worked with both children and adults helping to improve their personal fitness goals. He can design a program to meet and exceed your personal goals.

**Member/Community**

- $350/$45 for a 30-minute session
- $300/$400 for (10) 30-minute sessions
- $70/$90 for one-hour session
- $600/$800 for (10) one-hour sessions

**SARA SHELL**

A graduate of Virginia Commonwealth and Longwood Universities, Sara fell in love with fitness in college. She received her certification through the American Council on Exercise and has been a personal trainer for more than a year gaining hands-on experience by shadowing other personal trainers. She is passionate about helping clients of all ages and skill levels reach their fitness goals.

**Member/Community**

- $300/$40 for 30-minute session
- $250/$350 for (10) 30-minute sessions
- $55/$70 for one-hour session
- $500/$650 for (10) one-hour sessions

**JULIA STEINER**

Julia’s forte is functional fitness training. An NSCA certified personal trainer who works exclusively with women and children, she welcomes clients of all fitness levels interested in building strength, balance and flexibility for a healthy life.

**Member/Community**

- $60/$80 for one-hour session
- $30/$40 for one person for 30-minute group session (4 or more)

To schedule an appointment with a trainer, call Ysaac Kaplan at 954-434-0499, ext. 117.

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**INSANITY**

Must be age 16 and up to participate.

A cardio-based, total body, conditioning program, INSANITY® is likely the hardest workout curriculum ever put on DVD, and now you may experience it in a group class. Insanity will push you past your limits to get the leanest, hardest body you’ve ever had with workouts packed with plyometric drills and relentless intervals of strength, power, and resistance moves. The program also incorporates ab and core training techniques to help sculpt and tone the ultimate physique. No equipment or weights are needed, and you don’t have to be in extreme shape to do it—as long as you’re ready to dig deep.

The exercises may be modified for all populations.

**Includes:**
- Before/after photo comparisons
- Bi-weekly fit test for personal advancement
- Bi-weekly progression tracking

**Sessions:**
- Sessions are between 30 and 50 minutes
- Mondays | 7:30 p.m. | Studio B | Starts Feb. 23
- Members: $110 / Community: $140 for 11 weeks

Call 954-434-0499, ext. 105 to register.
ADULT GROUP FITNESS

CLASS DESCRIPTIONS

AGELESS GRACE®: A fitness and wellness program with 21 simple exercise tools for all ages and abilities. It addresses all 21 primary aging factors in the body - and all five areas of the brain! Anyone can practice it.

AROMA YOGA: Try a new, rejuvenating approach to your yoga practice using pure, essential oils to enhance your Asana (postures).

BELLY DANCE: Learn belly dance moves that are easy, sensual and fun.

BODY BLAST: Work the entire body using weights, body bars and resistance tubing.

BOOT CAMP H2O: A unique blend of cardio intervals and strength training performed exclusively in the pool. Combines lap swimming and a variety of exercises in the water using kickboards, pull buoys, pool noodles and flotation devices.

CIRCUIT BLAST: Includes aerobic and strength training that will challenge all fitness levels. Class uses weights, bars, steps, mats & bands.

CIRCUIT TRAINING: Exercise on the track with Tracy - total body conditioning utilizing different equipment and different stations, as well as utilizing the track for cardiovascular.

FAMILY SPIN/CORE: A combination of spinning and core, which gives you a full aerobics and strengthening workout. Reserve your bike today. (Height restriction approximately 4'11".)

HIIT: Jump from station to station for an intense calorie-burning and strength-training workout all in one in this high intensity interval class, using top-of-the-line fitness equipment-BOSU balls, jump rope, gliders, agility ladder and more. (Maximum Participants - 14)

HOT YOGA: A challenging yet calming physical and mental workout that improves body awareness, healing, immune system, circulation, metabolism and digestion. It also promotes better sleep, has fabulous toning effects and gives you a cardio workout.

INFERNO: Burn up to 1,000 calories with a no-nonsense, one-hour, power-packed circuit mixed with core, plemetrics and strength movements to create a workout like no other.

JSPIN: A great cardio workout on an indoor bicycle in only one hour! (Maximum Participants - 19)

K-P-M: This highly intense workout uses a combination of cardio, strength, flexibility and resistance exercises, improving total body fitness. The class consists of martial arts techniques and athletic drills, all set to upbeat music, making this a fun and challenging workout.

LOW IMPACT FUSION: Low impact exercises that are easy to follow, tone your body and your abs.

PARKINSON’S CLASSES: Specifically for Parkinson’s patients and their caregivers. Class offers dance, yoga, tai chi, Ageless Grace and speakers.

PILATES BARRE: This mixed level class focuses on strength, precision and flow of movement.

POWER ABS: One of the fastest core workouts geared specifically for abdominal conditioning. Work on sculpting your abs in less than 20 minutes.

POWER FITNESS: Power-packed exercises to effectively burn calories and strengthen your body.

REP & STEP/STEP IT UP: Includes step using weights, body bars and resistance tubing. All levels are followed by core strengthening exercises.

SILVERSNEAKERS® CIRCUIT: This class is geared toward non-impact cardiovascular endurance conditioning with advanced levels to increase agility, balance, coordination, speed and power. (Maximum Participants - 30)

SILVERSNEAKERS® CLASSIC: Muscular strength and range of movement exercise class designed for older adults that addresses strength, flexibility, muscular endurance, balance, coordination, agility, speed and power. (Maximum Participants - 30)

SILVERSNEAKERS® SPLASH: No swimming ability is required; utilizes the resistance of water to develop strength, balance and coordination.

SPINCORE: A combination of spinning and core which gives you a full aerobics and strengthening workout. Reserve your bike today. (Maximum Participants - 19)

TABATA CIRCUIT: A combination of high-intensity aerobic and resistance training that is easy to follow and targets fat loss, muscle building.

TOTAL BODY BOSU: Sculpt your way through a variety of power-packed exercises that build muscular strength and endurance, enhance agility and challenge balance skills. (Maximum Participants - 16)

TRX®/CIRCUIT: Infused with small portions of other classes like Weights in Motion, Power Abs, Pilates Butt, Hip & Thighs, this class will make you “breathless” and feeling physically satisfied. (Maximum Participants - 20)

TRX®/FUSION: Class develops core body strength as well as joint and muscular stability using your own body weight. This continued exertion also brings a cardiovascular component to the routine. (Maximum Participants - 20)

TRX®/KETTLEBELL/CIRCUIT: TRX® develops core body strength as well as joint and muscular stability using your own body weight. During a kettlebell workout, you perform fluid, swinging movements while holding the off-centered kettlebells. This continued exertion also brings a cardiovascular component to the routine. (Maximum Participants - 16)

TRX® SUSPENSION TRAINING: The principle behind TRX® is simple. It develops core body strength as well as joint and muscular stability using your own body weight. (Maximum Participants - 8)

WEIGHTS IN MOTION: A unique combination of weight training and constant motion, enabling the muscular and vascular system to work together to fine tune your total body. (Maximum Participants - 20)

YOGA (HATHA) - ALL Levels: Let your instructor guide you through poses and stretches to tone your muscles and increase flexibility and strength.

YOGA STRETCH: Using a chair for support, members increase flexibility and endurance while learning to relax and think more clearly.

ZUMBA®: Zumba® involves dancing and aerobic elements. Zumba’s® choreography incorporates hip-hop, soca, samba, salsa, merengue, mambo, martial arts and some Bollywood and belly dance moves. Squats and lunges are also included.

FREE CLASSES & BABYSITTING

No more excuses! All fitness classes and babysitting are FREE for members.

(Excludes Hot Yoga and Inferno) For the most up-to-date fitness class schedule and babysitting hours visit our Sports & Wellness lobby, call 954-434-0499, ext. 100 or visit our website at www.dpjcc.org.
CHILDREN, TEENS, YOUNG ADULTS

PRESCHOOL SPORTS
WITH COACH TARA EVANS

In these fun-filled classes, your child will learn the basics of each sport, and develop coordination and listening skills. Child must be toilet trained.

To register call 954-434-0499, ext. 105.

Day  Time  Start Date  #  Member/Community  Code
Ages 3 – Pre-K
Soccer
M 2:45-3:15 pm  Feb. 23  11 $140/$185  HCMSOCCER
Super Sports
T 2:45-3:15 pm  Feb. 24  12 $155/$205  HCTSPORTS
Basketball
W 2:45-3:15 pm  Feb. 25  12 $155/$205  HCBALL
T-Ball
Th 2:45-3:15 pm  Feb. 26  12 $155/$205  HRCTBALL

KIDS YOGA WITH COOKIE

A fun and safe exercise program. Kids learn poses and stretches that tone muscles, increase flexibility and strength.

Day  Time  Start Date  #  Member/Community  Code
Preschool Yoga • Ages 3-5
W 2:45-3:25 pm  Feb. 25  12 $165/$215  HCWYOGA1
Child/Teen Yoga • Ages 6 & up
W 3:45-4:45 pm  Feb. 25  12 $165/$215  HCWYOGA2

For more information and registration call Sports and Wellness at 954-434-0499, ext. 105.

KIDSFIT WITH PROFESSORFIT • Ages 7 - 12

Pre-teens learn a variety of ways to get in shape, stay fit and learn to live a healthy lifestyle.

Day  Time  Start Date  #  Member/Community  Code
T 3:45-4:45 pm  Feb. 24  12 $125/$160  HCTFIT
Th 3:45-4:45 pm  Feb. 26  12 $125/$160  HCTFIT

TEEN/YOUNG ADULT POWER ABS
WITH PROFESSORFIT

Teens and young adults love this energetic, power-packed abdominal workout with fitness master ProfessorFit. A fun way to get in shape.

Day  Time  Start Date  #  Member/Community
T 6:00-6:40 pm  Ongoing  1 Free/$5
Th 5:20-6:00 pm  Ongoing  1 Free/$5

PRESCHOOL SPORTS
WITH COACH TARA EVANS

Dance Through the Ages offers a gymnastics program in which students learn proper tumbling techniques, balance, flexibility, body positions and safety. They focus on building a solid foundation of tumbling skills, as well as continued progression of skills, including (but not limited to) handstands, bridges, back bends, cartwheels, rolls, walkovers and various combinations. Correct technique is emphasized for all tumbling skills, strength training exercises and flexibility drills.

Students participate in both group and individual activities in a positive, fun atmosphere through the use of music and props.

Children must be dressed in appropriate gymnastics attire.

All students have the opportunity to participate in a yearly recital in June. For more information call 954-260-4409 or visit www.DanceTTA.com.

Day  Time  Start Date  #  Member/Community  Code
STAR TUMBLERS • Ages 3-4
T 2:45-3:30 pm  Feb. 24  12 $190/$250  HCTSGYM
DYNAMIC GYMSTERS Levels I-II • Ages 5-6
T 3:45-4:35 pm  Feb. 24  12 $190/$250  HCTDGYM
ALL STAR GYMNASICS Levels I-II • Ages 7-10
T 4:45-5:35 pm  Feb. 24  12 $190/$250  HCTAGYM

Students must meet age specifications by September 1, 2014

Sports & Wellness Gymnastics

KIDSFIT WITH PROFESSORFIT • Ages 7 - 12

Pre-teens learn a variety of ways to get in shape, stay fit and learn to live a healthy lifestyle.

Day  Time  Start Date  #  Member/Community  Code
T 3:45-4:45 pm  Feb. 24  12 $125/$160  HCTFIT
Th 3:45-4:45 pm  Feb. 26  12 $125/$160  HCFIT

TEEN/YOUNG ADULT POWER ABS
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For more information and registration call Sports and Wellness at 954-434-0499, ext. 105.

KIDSFIT WITH PROFESSORFIT • Ages 7 - 12

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TEEN/YOUNG ADULT POWER ABS
WITH PROFESSORFIT

Teens and young adults love this energetic, power-packed abdominal workout with fitness master ProfessorFit. A fun way to get in shape.

Day  Time  Start Date  #  Member/Community
T 6:00-6:40 pm  Ongoing  1 Free/$5
Th 5:20-6:00 pm  Ongoing  1 Free/$5
AQUATICS

Pool and Spa Hours
Monday-Thursday 7:00 a.m.- 6:00 p.m.
(Starting April) 7:00 a.m.- 7:00 p.m.
Friday 7:00 a.m.-5:30 p.m.
Saturday 9:00 a.m.-4:30 p.m.
Sunday 9:00 a.m.-5:30 p.m.
The water is always fine thanks to our geothermal heating/cooling system.

PRIVATE LESSONS / SEMI-PRIVATE LESSONS
All Ages • Available by appointment only
These classes are a 1:1 or 1:2 ratio.
1:1 — 20 minutes for 10 lessons
Member $235 / Community $305
2:1 — 20 minutes for 10 lessons
Member $135 / Community $175 per person
For more information or to register call 954-434-0499, ext. 105

POLICIES AND PROCEDURES
• Payment must be given at the time of registration.
• Fees may be prorated.
• Fees are not refundable.
• Group classes with less than four children are subject to change or may be combined with another class.
• Make-up lessons are scheduled as soon as possible for all lessons cancelled by the DPJCC due to inclement weather.
• Lessons completed 50% or more of their scheduled time are not made up.
• There is no make-up for a missed lesson that was offered at its scheduled time.
• All class registrations and payments expire 60 days from the time of purchase.

PLEASE NOTE: PARTICIPATION IN A SWIMMING PROGRAM DOES NOT "DROWN-PROOF" YOUR CHILD. Adult supervision is essential in and around all aquatic environments.

Two swimming lanes will be open for members to use at all times during regular pool hours.

KARLA SMITH
Aquatics Coordinator
• An experienced aquatics supervisor
• Lifeguard & swimming instructor over 8 years
• Specialty in special needs for 10 years
• Former director of sports/aquatics camp for 15 years
• Extensive experience in camp & swimming activities for over 15 years

AZURA / JCC SWIM SCHOOL
Drowning is the leading cause of death for children and adults. But it doesn't have to be that way. At the Azura/JCC Swim School, we are dedicated to teaching children the skills they need throughout life to stay safe near water and embrace the wonders swimming has to offer. Our instructors are flexible and trained to work with each child individually, keying in to their interests, challenges and fears. Children learn to swim in a safe and positive environment.
• Young swimmers learn to swim back to the wall after an accidental fall into the water; how to pull themselves out of the water; and to master breathing, paddling and kicking in order to swim to safety.
• Swimmers learn through a progressive step-by-step method at their own pace and move on only when ready.
• Instructors are highly trained with a minimum of two years teaching experience, are USA swimming coaching certified, CPR/first aid trained and have undergone a background check.

Questions? Contact swimschool@azuraquatics.com

ANNUAL SESSIONS
Session 3 Select-a-Day

Monday
2:50-3:30 pm (3-4s) (5-6s)
3:30-4:10 pm (5-6s)
4:10-4:50 pm (3-4s) (5-6s)
4:50-5:30 pm (5-6s) (7-8s)
5:30-6:10 pm (3-4s) (5-6s) (7-8s)
6:10-6:50 pm (7 & up)
Members: $165 / Community: $215 for 11 lessons

Tuesday, Wednesday or Thursday
2:50-3:30 pm (3-4s) (5-6s)
3:30-4:10 pm (5-6s)
4:10-4:50 pm (3-4s) (5-6s)
4:50-5:30 pm (5-6s) (7-8s)
5:30-6:10 pm (3-4s) (5-6s) (7-8s)
6:10-6:50 pm (7 & up)
Members: $180 / Community: $235 for 12 lessons

Friday
2:50-3:30 pm (3-4s) (5-6s)
3:30-4:10 pm (5-6s)
4:10-4:50 pm (3-4s) (5-6s)
4:50-5:30 pm (5-6s) (7-8s)
Members: $165 / Community: $215 for 11 lessons

Saturday (By Reservation Only)
9:20-10:00 am (5-6s)
10:00-10:40 am (5-6s) (7-8s)
10:40-11:20 am (3-4s) (5-6s) (7-8s)
11:20 am-Noon (Adult Beginners)
Noon-12:40 pm (Adult Intermediate/Advanced)
Members: $165 / Community: $215 for 11 lessons

Sunday (By Reservation Only)
10:00-10:40 am (Babies & Parent)
10:00-10:40 am (5-6s) (7-8s)
10:40-11:20 am (3-4s) (5-6s)
11:20 am-Noon (5-6s) (7-8s)
Members: $165 / Community: $215 for 11 lessons

An additional $50 registration fee will be required at time of sign up and includes a T-shirt and silicon cap.
Swim Levels

Level 1
- Monkey crawl
- Climb out of pool
- Face in water & hold breath
- Float on front/back with support
- Kick feet in front with instructor support
- Assisted jump in water from sitting position; turn & grab wall

Level 2
- Front float & kick
- Float on back
- Kick on back with support
- Roll front to back with assistance
- Jump into water (or instructor drop) from standing; turn & grab wall

Level 3
- Kick on back
- Roll from front to back
- Independent jump in & swim back to wall
- Kick on front & roll to back with assistance
- Kick on front with paddle arms (face under)
- Swim, float, swim (kick only) or pop up breath

Level 4
- Swim, float, swim (kick & paddle)&/or pop up breath
- Kick on back with arm paddling
- Basic treading water
- Jump into deep water; kick on back to wall
- Big arms (freestyle) in front
- Skull on back
- Float on back, roll over & find nearest wall

Level 5
- Tread water
- Swim on front; turn & kick on back
- Freestyle stroke
- Side breathing with assistance
- Elementary backstroke
- Swim backstroke
- Breaststroke arms

Level 6
- Breaststroke legs
- Swim freestyle with side breathing
- Tread water 20 seconds
- Forward somersault
- Swim breaststroke
- Backstroke
- Dolphin Kick

Level 7
- Head first surface dive in deep end
- Flip turn
- Butterfly
- Refine swim strokes

For more information or to register, visit the Sports & Wellness desk or call 954-434-0499, ext. 105 or 954-473-9192.

Azura Coaching Staff
International and Elite Coaches

GIANLUCA ALBERANI
Team Head Coach
- ASCA 3 Level certified
- Competed at the international level, finishing with a top 8 Italian international ranking
- Competed in South Florida and set a Florida Gold Coast record in the 200 free relay that still stands today
- Head coach at 2009 World Championships, Rome, Italy
- International coach at 2011 Pan American Games, Guadalajara, Mexico
- Team USA open water coach, 2012 Hong Kong, 2014 Australia

GUILHERME FERREIRA
Age Group & Master’s Head Coach
- Worked as pre-team, master’s head coach and elite assistant coach in South Florida for the past 4 years
- Assistant and senior coach for Amaral Swimming School in Parana, Brazil
AQUATICS/Swim Team

Swim Team

Bronze Group | Ages 10 & Under
Monday-Thursday • 5:30-7:00 p.m. / Friday • 4:15-5:45 p.m.
Saturday • 10:00-11:30 a.m.
Bronze group stresses learning fundamental swimming skills: sculling, turns, pacing, efficiency and “underwater works.”
Practice is offered six days a week.
Member: $110/month  |  Community: $145/month

Silver Group | Ages 11-12
Monday-Thursday • 5:30-7:30 p.m. / Friday • 4:15-5:45 p.m.
Saturday • 10:00 a.m.-Noon
Silver athletes move up to this group. Athletes must swim all four strokes well and maintain good technique on low intensity interval sets. Athletes transition to race training along with technical training. Workouts are offered six days a week.
Member: $110/month  |  Community: $145/month

Gold Group | Ages 13-14
Monday-Thursday • 5:30-7:30 p.m. / Friday • 4:15-5:45 p.m.
Silver athletes move up to this group. Swimmers are competent in all four strokes and are continuously improving their technique. Training sessions revolve around the individual medley and introduction of race techniques. Workouts are offered six days a week.
Member: $110/month  |  Community: $145/month

Senior Group | Ages 15 & Older
Tuesday & Thursday • 5:30-7:00 a.m.
Monday-Friday • 3:30-5:30 p.m. (different location)
Saturday • 8:00-10:00 a.m.
Senior Group focuses on training athletes who must swim all four strokes well. The main emphasis is geared to aerobic training. Swimmers are strongly encouraged to attend all practices as skills/progressions build from one practice to another.
Member: $170/month  |  Community: $220/month

*David Posnack JCC membership is required to attend gym sessions.

Please note — For all groups, in addition to the monthly fees, the following annual fees will be due at time of registration:
$50 (uniform); $65 (USA swimming registration);
$25 (administration)

Bronze athletes move up to this group. Swimmers are competent in all four strokes and are continuously improving their technique. Training sessions revolve around the individual medley and introduction of race techniques. Workouts are offered six days a week.

NEW Masters Swimming | Adults of All Levels
Practices scheduled: Tuesdays & Thursdays • 6:00-7:00 a.m.
Fridays • 7:00-8:00 a.m.
Azura Florida Aquatics masters swimming is an exciting, fun and dynamic workout for adult swimmers of all abilities and ages.
Competitive swimmers, triathletes and beginners are welcome. We offer every member an opportunity to improve swimming skills and achieve success at his or her level of ability. The program is designed to improve swimming technique, health, fitness and competitive skills.
DPJCC Member: $65/month  |  Community: $85/month

Please note — An additional $75 registration fee will be required at time of sign up and includes the team uniform.

For registration and information call 954-473-9192 or 954-296-1434. Email admin@azuraquatics.com / visit www.azuraquatics.com

Policies & Procedures
• Payment is due at time of registration.
• Fees are not prorated or refundable.
• There is no make-up for a missed practice session that is offered at its scheduled time.
• Practice schedule may vary based on necessity.
Wayne Stofsky says the goal of the Broward Baseball Academy (BBA) is to be the premier baseball and softball training facility in South Florida. Open year-round, BBA’s areas of instruction include hitting, fielding, pitching and base running, but the ultimate goal is to make a difference in the life of a player. The Academy will help players improve their skills, teach them to respect the game and make sure they have fun. The programs are perfect for the beginner as well as the high-level competitive player.

Academy director Wayne Stofsky has a master’s degree in sports administration. He is currently the head coach at the Pine Crest School. His coaching career includes stints at Nova High School, Cooper City High School and at Miami-Dade College where he was the hitting instructor, infield coach and handled recruiting duties for the college baseball powerhouse. As a player, Wayne played professionally for the Salt Lake City Trappers of the Pioneer League and was a player/coach for Piacenza Red Devil Baseball in the Italian League. In college, Wayne played for Louisiana State University and was part of two College World Series teams coached by Hall of Famer Skip Bertman. He finished his college playing career at Florida Atlantic University and in 1990 was named a Pre-Season All American by ESPN.

Hal’s Power Alley is our 4,000 square foot covered hitting facility with three batting cages, pitching machines, batting tees and indoor pitching mounds—the perfect place for players to train year-round, rain or shine. The facility is available for rental by DPJCC members and the community for individuals, teams, corporate team building, professional instruction and special occasions and events.

**MINORS BASEBALL • Ages 5 – 8**

In this fun baseball class, players will learn the fundamentals of hitting a pitched ball, catching and throwing. We’ll also teach drills and play some games.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Start Date</th>
<th># Member/Community Code</th>
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</thead>
<tbody>
<tr>
<td>T</td>
<td>3:45-4:30 pm</td>
<td>Feb. 24</td>
<td>$180/$230 HCTBACBT</td>
</tr>
</tbody>
</table>

**MAJORS BASEBALL • Ages 9 – 11**

In this more advanced baseball class, we’ll focus on drills to improve a player’s hitting and fielding skills. Pitching instruction will also be offered.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Start Date</th>
<th># Member/Community Code</th>
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<tbody>
<tr>
<td>T</td>
<td>3:45-4:30 pm</td>
<td>Feb. 24</td>
<td>$180/$230 HCTBAPTT</td>
</tr>
</tbody>
</table>

**PRIVATE/SEMI-PRIVATE LESSONS FOR ALL AGES**

Available by appointment and weekly times can be reserved. Private lessons are 30 or 60 minutes in length. Semi-private or small group lessons, with up to four in a group, are 60 minutes in length. These lessons are good for the beginner and are perfect for the intermediate to advanced player.

**Semi-private Lessons (up to four people):**
- 60-minute: Member $140/Community $185 (series of six lessons)

**ADULT SOFTBALL LEAGUES**

Softball is a wonderful recreational sport that can be played by men and women of all ages. Our two lighted fields can be rented for your league or event. For more information call Wayne Stofsky at 954-683-7747 or email Wayne@BrowardBaseballAcademy.com.
**BASKETBALL**

**JHoops** at the J is a comprehensive basketball program offering classes to enhance skills, teamwork and sportsmanship, for boys and girls starting at age 3, and leagues for children in grades 1-12 and adults. For more information visit www.j-hoops.com or call 954-434-0499.

**ADULT BASKETBALL**

**ADULT LEAGUES**

Play basketball with players on your level. JHoops offers a variety of adult leagues from recreational to highly competitive levels. Every participant receives a team jersey, 8 games, playoffs and team awards.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>League</th>
<th>Member/Community</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sun</td>
<td>8:00 am</td>
<td>Mello Yellow</td>
<td>$105/$135 or $155* per person</td>
<td>HAJHMY ($135)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Half-court)</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>*For $155 you get pick-up game privileges on league day</td>
<td></td>
<td></td>
</tr>
<tr>
<td>M</td>
<td>8:00 pm</td>
<td>Monday</td>
<td>$555/Team</td>
<td>HAJHMON</td>
</tr>
<tr>
<td>T</td>
<td>7:00 pm</td>
<td>Mello Yellow</td>
<td>$85 or $110 per person</td>
<td>HAJHMYT</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Full Court)</td>
<td></td>
<td></td>
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<tr>
<td>T</td>
<td>8:00 pm</td>
<td>Tuesday</td>
<td>$555/Team</td>
<td>HAJHTEU</td>
</tr>
<tr>
<td>W</td>
<td>8:00 pm</td>
<td>Wednesday</td>
<td>$555/Team</td>
<td>HAJHWED</td>
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<tr>
<td>W</td>
<td>8:00 pm</td>
<td>Synagogue</td>
<td>$555/Team</td>
<td>HAJHWSYN</td>
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<tr>
<td>Th</td>
<td>8:00 pm</td>
<td>Thursday</td>
<td>$555/Team</td>
<td>HAJHTHR</td>
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</tbody>
</table>

**PICK-UP BASKETBALL**

For more information or to schedule call Jason Stura at 786-354-4820.

**PRIVATE LESSONS/SMALL GROUPS**

Your child can learn and improve his/her basketball skills by taking personalized lessons. Exploring and developing his or her potential is our main goal. Classes are adjusted according to the player’s needs and personal comfort.

Private: Member $45/Community $60 (1 session)

Member $410/Community $535 (10 sessions)

Small Group: Member $35/Community $45 (per person/1 session)

Member $310/Community $410 (per person/10 sessions)

**YOUTH BASKETBALL**

**JHOOPS BASKETBALL ACADEMY**

Kids will learn how to play basketball and shift their game to the next level. They will gain knowledge of basketball fundamentals and drills, improve skills, learn about the game and its strategies, make friends and learn teamwork.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Start Date</th>
<th>#</th>
<th>Member/Community</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>M*</td>
<td>4:30-5:15 pm</td>
<td>Feb. 23</td>
<td></td>
<td>$150/$190</td>
<td>HCMJH3A</td>
</tr>
<tr>
<td>T</td>
<td>3:45-4:30 pm</td>
<td>Feb. 24</td>
<td></td>
<td>$165/$210</td>
<td>HCTJH3</td>
</tr>
<tr>
<td>W</td>
<td>4:30-5:15 pm</td>
<td>Feb. 25</td>
<td></td>
<td>$165/$210</td>
<td>HCWJH3</td>
</tr>
<tr>
<td>Th</td>
<td>3:45-4:30 pm</td>
<td>Feb. 26</td>
<td></td>
<td>$165/$210</td>
<td>HCRJH3</td>
</tr>
</tbody>
</table>

**Future Stars • Grades 3-5 • Ages 8-11**

| M         | 3:45-4:30 pm | Feb. 23   |   | $150/$190        | HCMJH3  |
| M*        | 4:30-5:15 pm | Feb. 23   |   | $150/$190        | HCMJH3A |
| T         | 3:45-4:30 pm | Feb. 24   |   | $165/$210        | HCTJH3  |
| W         | 3:45-4:30 pm | Feb. 25   |   | $165/$210        | HCWJH3  |
| Th        | 3:45-4:30 pm | Feb. 26   |   | $165/$210        | HCRJH3  |

**Senior Stars • Grades 9-12 • Ages 15-18**

| W         | 4:30-5:15 pm | Feb. 25   |   | $165/$210        | HCRJH5  |

**PICK-UP BASKETBALL FOR MEMBERS**

Pick-up times vary from month to month. For more information on available times call 954-434-0499, ext. 100 or see schedule posted on gymnasium doors.

**EVALUATION/DRAFTS**

**League Grade Time Date Code**

**ACC (co-ed)** 1-2 6:00 pm Feb. 23 HCMJH3

**SEC** 3-4 6:00 pm Feb. 24 HCMJH3

**Big 10** 5-6 6:00 pm Feb. 25 HCMJH3

**Pac 12** 7-8 6:00 pm Feb. 26 HCMJH3

**Big 12 (co-ed)** 9-12 Noon Mar. 1 HCJHBIG12

**WNBAJR (girls)** 3-5 2:00 pm Mar. 1 HCJHWNBAJR

**WNBASR (girls)** 6-8 4:00 pm Mar. 1 HCJHWNBASR

**Note:** Some games may be played during the week.

**LEAGUE FEES**

Member $155 / Community $195

No refunds will be given after game 1. A $75 cancellation fee will be charged if requesting a refund after draft is complete (teams are selected) and before game 1. Register early. Don’t let your child be left out because of late registration.
DANCE FOR CHILDREN

ZUMBA® FOR KIDS

ZUMBA® KIDS Grade K-Age 10
The Zumba® Kids program is the ultimate dance-fitness party for young Zumba® fans, where they can play it loud and rock with friends. This program features age-appropriate music and dance moves that get kids movin’ to the beat. It’s all about feeling fearless on the dance floor, reinforcing the idea that it’s okay to just be yourself and dance like no one’s watching.

Day Time Start Date # Member/Community Code
M 3:45-4:45 pm Feb. 23 11 $110/$140 HCMZUMBA
W 4:00-5:00 pm Feb. 25 12 $120/$155 HCWZUMBAJR

All dancers will have the opportunity to participate in our yearly dance recital in June.

For Boys & Girls • All Ages • Ballet / Tap / Jazz

DANCE THROUGH THE AGES

Directed by Meredith Dreyfuss

For Boys & Girls • All Ages • Ballet / Tap / Jazz
Dance Through the Ages is dedicated to offering the highest quality dance instruction in a fun, positive and encouraging atmosphere. Students will learn technique, vocabulary and skills, while having a great time.

For more information, registration and fees call 954-499-7729 or visit www.hiphopkidz.net.

HIP-HOP KIDZ®

These classes are a ‘dance ‘n’ play party for lil’ feet, where pint-sized party animals get silly, dream big and begin their journey to a healthy future. Your kids will just love letting loose and being themselves – little bundles of natural energy that are endlessly curious about new sounds and experiences. Here they can socialize, move to age-appropriate music and play games with other kids.

Day Time Start Date # Member/Community Code
W 3:00-4:00 pm Feb. 25 12 $120/$155 HCWZUMBAJR

For more information and registration fees call 954-499-7729 or visit www.hiphopkidz.net.

KIDS GROOVE COMBO BALLET/TAP Ages 3-4
This ballet/tap class incorporates the use of props (scarves, maracas, princess crowns, wands) while teaching the basics of terminology and technique. With only qualified instructors teaching, students learn in a fun, positive atmosphere.

Ballet & tap shoes required.

Day Time Start Date # Member/Community Code
W 4:30-5:30 pm Feb. 25 12 $190/$255 HCWDTADF

For registration call 954-434-0499, ext. 105.

BALLETTAP Ages 7-10
This class is perfect for beginners or young dancers who have taken a class before. The class concentrates on the fundamentals of ballet and tap and incorporates a variety of music and rhythms that children love. Ballet & tap shoes required.

Day Time Start Date # Member/Community Code
Th 4:15-5:15 pm Feb. 26 12 $190/$255 HCRPTABT

For more information call 954-260-4409.

For information and registration call 954-434-0499, ext. 105.

The Ultimate Dancing Feet Ages 5-6
This “workshop” class allows students to experience a variety of dance styles. Dancers learn technique and terminology in ballet, tap and jazz, with a concentration on how all the forms of dance connect. Upbeat music and an emphasis on “fun” allow students to feel comfortable to explore their own love of dance.

Ballet & tap shoes required.

Day Time Start Date # Member/Community Code
W 3:00-4:00 pm Feb. 25 12 $190/$255 HCWDTADF

For more information call 954-260-4409 or visit www.DanceTTA.com.

PEE WEE DANCE Age 2
In this introductory class young dancers have the opportunity to learn the basics of dance — pointing, flexing, marching, turning, while using props such as scarves, maracas, princess crowns and wands. Upbeat music keeps students motivated and interacting with both the instructor and other dancers.

Proper dance attire/ballet shoes required.

Day Time Start Date # Member/Community Code
Th 2:30-3:00 pm Feb. 26 12 $180/$235 HCRDTAPW

All dancers will have the opportunity to participate in our yearly dance recital in June.

For registration call 954-434-0499, ext. 105.

A creative arts experience for Jewish teens ages 12-17
Hosted in Broward County by the David Posnack JCC
August 9-14

A creative arts experience for Jewish teens ages 12-17
Hosted in Broward County by the David Posnack JCC
August 9-14

For more information call 954-260-4409 or visit www.DanceTTA.com.

For registration call 954-434-0499, ext. 105.

Appropriate dance attire must be worn for all classes. Students must meet age specifications by September 1, 2014.
MARTIAL ARTS

CUONG NHU ORIENTAL MARTIAL ARTS

Cuong Nhu (Vietnamese for hard/soft) oriental martial arts, combines seven different hard and soft styles: shotokan karate, aikido, judo, boxing, tai chi, wing chun kung fu and vovinam. The physical training in Cuong Nhu includes empty hand, leg and weapons techniques, as well as ancient forms or kata. Cuong Nhu teaches exercise techniques to support and enhance good health and imparts practical tools for self defense. Cuong Nhu training promotes high ethical and moral standards and a strong physical and mental foundation that will serve you for a lifetime. For more information contact Sensei Rich Browdy at 954-559-5951 or email RLBrowdy@icloud.com.

Day Time Start Date # Member/Community Code
M 6:30-7:45 pm Feb. 23 11 $145/$185 HAMCN
Th 6:30-7:45 pm Feb. 26 12 $160/$200 HARCN

For more information or to register for any of the martial arts classes call 954-434-0499, ext. 105.

Preschool/Child Martial Arts

KARATE WITH SENSEI HARRISON HUNTER

Your children will learn self-defense and develop listening skills and self-confidence in a fun, non-competitive environment. Sensei Harrison, a second-degree black belt, is a member of USA Goju Federation Karate.

Day Time Start Date # Member/Community Code
Preschool Karate • Ages 3 – 5
M 2:45-3:30 pm Feb. 23 11 $110/$140 HCMKAR1
W 2:45-3:30 pm Feb. 25 12 $120/$155 HCMKAR1

Child Karate • Ages 6 & Up
M 3:45-4:45 pm Feb. 23 11 $110/$140 HCMKAR2
W 3:45-4:45 pm Feb. 25 12 $120/$155 HCWKAR2

For more information contact Sensi Harrison at 954-536-1415 or hhjr9@bellsouth.net. To register call 954-434-0499, ext. 105.

Racquetball & Wallyball

7th Annual DPJCC Racquetball Tournament
April 24-26, 2015

Check out our website www.jccracquetball.com for pictures, sponsors, previous winners and the online registration form which should be available by the beginning of March. The tournament sells out very quickly, and we expect a sell out again this year.

In partnership with Mosaic Outdoor Club of South Florida

Played Every Tuesday Evening on the JCC’s Racquetball Courts

Wallyball is similar to volleyball, but is played on a racquetball court. Players enjoy much more playing time and less ball chasing. Beginners find it easier than volleyball, since it is played with a soft rubber ball that can be played off the walls. However, it’s every bit as exciting as volleyball.

No need to register—just come out and play. Court shoes are required. All games are pickup games. Players of all abilities are welcome. No equipment required.

Mosaic Outdoor Club of South Florida is an all-volunteer, non-profit Jewish outdoors club and an affiliate of Mosaic Outdoor Clubs of America. They organize events for the Jewish community throughout the South Florida area. For complete, up-to-date information, call 1-877-FUN-JEWS or visit www.SouthFloridaMosaic.org.

Day Time Start Date # Member/Community Code
T 8:00-10:30 pm Feb. 24 Ongoing See below

DPJCC Members $2 / Mosaic Members $5 / Community $10 Prices are per evening.
TENNIS

ALEX GREGORY, JR.
• Attended Barry University
• USPTA Certified
• Has taught all levels of tennis for over 20 years, from tiny tots to high performance juniors

On the Ball Tennis Academy offers early childhood, children’s and teen classes after school, Monday through Thursday, in addition to adult clinics and private lessons. Whether you or your child consider yourself a beginner or advanced player, we have just the program for you!

AFTER-SCHOOL TENNIS PROGRAMS

QUICK START TENNIS  Ages 3-Pre-K
In this fun tennis class, your child will learn the basic strokes and develop coordination and listening skills. Games are played each class. Class may include a snack.

Day    Time    Start Date    #    Member/Community    Code
M 2:45-3:30 pm    Feb. 23 11    $180/$235    HCMT245
T 2:45-3:30 pm    Feb. 24 12    $195/$255    HCTT245
W 2:45-3:30 pm    Feb. 25 12    $195/$255    HCWT245
Th 2:45-3:30 pm    Feb. 26 12    $195/$255    HCRT245

BEGINNER/INTERMEDIATE TENNIS  Grade K-Age 12
Students develop coordination and learn main strokes, drills, sportsmanship, fitness and rules, while having a great time. Games are played each class. Class may include a snack.

Day    Time    Start Date    #    Member/Community    Code
M 3:30-4:30 pm    Feb. 23 11    $180/$235    HCMT330B
T 3:30-4:30 pm    Feb. 24 12    $195/$255    HCTT330B
W 3:30-4:30 pm    Feb. 25 12    $195/$255    HCWT330B
Th 3:30-4:30 pm    Feb. 26 12    $195/$255    HCRT330B

ELITE PRE-ACADEMY TENNIS  Ages 9-13
This more intense class puts the emphasis on forehand and backhand strokes, spin/racquet speed, the approach game, net play, shot making, specialty shots and strategy, footwork and match play. The athlete will improve coordination, learn drills, etiquette, sportsmanship and rules. Games are played each class. Class may include a snack.

Day    Time    Start Date    Member/Community
M 4:00-6:00 pm    Feb. 23    see below
T 4:00-6:00 pm    Feb. 24    see below
W 4:00-6:00 pm    Feb. 25    see below
Th 4:00-6:00 pm    Feb. 26    see below

1X week: Member $35/week I Community $45/week
2X week: Member $60/week I Community $80/week
3X week: Member $75/week I Community $100/week
4X week: Member $80/week I Community $105/week
Must purchase in 4-week sessions.

ADULT TENNIS PROGRAMS
Tennis is a wonderful sport that can be played at any age. Our ladies’ and men’s clinics will help you improve your game, refine or learn new skills and make new friends. For more information call Alex at 814-280-0232.

LADIES’ CLINIC

Day    Time    Start Date    #    Member/Community
M 9:30-11:00 am    Feb. 23 1    $25/$35
M 9:30-11:00 am    Feb. 23 6    $120/$160
W 9:30-11:00 am    Feb. 25 1    $25/$35
W 9:30-11:00 am    Feb. 25 6    $120/$160

PRIVATE/SEMI-PRIVATE LESSONS FOR ALL AGES
Available by appointment. Private lessons are 30 or 60 minutes in length. Semi-private lessons are 60 minutes in length.

Private lessons:
Member/Community:
30-minute: $35/$45
30-minute (series of six lessons): $190/$245
60-minute: $65/$85
60-minute (series of six lessons): $360/$465

Semi-private lessons:
Member/Community:
60-minute (two people): $35/$45
60-minute (three people): $25/$35

TENNIS POLICIES AND PROCEDURES
• Fees are non-refundable.
• Group classes with less than three people are subject to cancellation or combined with another class.
• Camps and/or special events with fewer than 10 people registered are subject to cancellation.

For information and questions, call Alex Gregory, Jr. at 814-280-0232, Scott Smashey at 954-505-1574 or email ontheballtennisacademy@gmail.com. For registration call Sports and Wellness at 954-434-0499, ext. 105.
This program is being coordinated and coached by SoFLO Volleyball. SoFLO Volleyball coaches have experience in playing at the division 1 level as well as international level play, combined with decades of coaching experience in club volleyball and high school level volleyball programs.

A complimentary class is offered for all first timers.

Children’s classes take place on racquetball courts #3 & #4.

LITTLE BUMPERS
Ages 7-12 • Grades 2-6
These classes are designed to introduce the sport of volleyball with a focus on character, fitness and fun. The classes will help develop motor skills and hand-eye coordination, improve listening skills, court movement, footwork, footspeed, teach orientation to the ball and body agility training. Classes will include a warm-up and an introduction to fundamental skills that are used in passing, setting, hitting and serving. Team play will be introduced to prepare participants for middle school volleyball team play.

Day  Time  Start Date  # Member/Community  Code
T  3:45-4:30 pm  Feb. 24  12  $145/$180  HCTVOLLEYLB

SUPER SPIKERS
Ages 13-17 • Grades 7-12
Classes will help develop motor skills and hand-eye coordination, improve listening skills, court movement, footwork, footspeed, teach orientation to the ball and body agility training. Participants will learn the fundamental skills used in volleyball that include: passing, setting, hitting and serving. Class will prepare the young athletes for high school and club volleyball team play.

Day  Time  Start Date  # Member/Community  Code
T  4:30-5:15 pm  Feb. 24  12  $145/$180  HCTVOLLEYSS

Volleyball Policies and Procedures
• Payment is due at time of registration.
• No make-up classes for missed classes.
• Classes with less than three students are subject to cancellation or may be combined with another class.
• The DPJCC does not collect fees for SoFLO Volleyball Club Teams.

For more information call 954-434-0499, ext. 112 or ext. 105.
David Posnack Jewish Community Center  
On the Nina & Louis Silverman Campus  
5850 S. Pine Island Road • Davie, FL 33328

Celebrity Painter Michael Israel presents *Art in Concert* • Master of Ceremonies Dale McLean  
Open Bar • Dinner • Decadent Desserts • Music & Dancing • Silent & Live Auction  
$136 per person • Attire: Fabulous and Fun • Catering by Sterling Kosher Catering  
www.jccgala.com | 954-434-0499, ext. 336

Saturday  
March 7, 2015  
8:00 p.m.

**MACCABI Madness**  
31st Annual Gala  

**Honoring**  
Debby & Dennis Eisinger  
Lori & Mitch Green