

TENNIS COURT COVID-19 GUIDELINES

BEFORE YOU PLAY

- **Sign a waiver at the front desk.**
- **Temperature will be taken upon entry.**
- **Bring your own equipment (racquets, balls, towels, water bottle). The J is not lending equipment.**
- **Do not enter tennis courts if you do not agree or comply with the conditions of the waiver or are considered a vulnerable individual with serious underlying health conditions.**

PREPARING TO PLAY

Protect against infections:

- Before going to the court, wash your hands with a disinfectant soap and water (for 20 seconds or longer) or use a hand sanitizer.
- Clean and wipe down your equipment, including racquets and water bottles.
- Do not share racquets or any other equipment such as wristbands, grips, hats and towels.
- **Bring a full water bottle and your own towel.**
- Use new balls and a new grip, if possible.
- If you need to sneeze or cough, do so into a tissue or your elbow.
- Avoid touching court gates, fences, benches, etc.

WHEN PLAYING

- **Singles play ONLY.**
- Stay at least six feet apart from the other players. Do not make physical contact with anyone.
- Avoid touching your face after handling a ball, racquet or other equipment. Wash your hands promptly if you have touched your eyes, nose or mouth.
- Avoid sharing food, drinks or towels.
- Use your racquet/foot to pick up balls and hit them to your opponent. Avoid using your hands to pick up the balls.
- Stay on your side of court. Avoid changing ends of the court.
- Remain apart from other players when taking a break.
- If a ball from another court comes to you, send it back with a kick or with your racquet.

AFTER PLAYING

- **Leave the court as soon as reasonably possible. All players should leave the facility immediately after play.**
- Wash your hands thoroughly or use hand sanitizer after coming off the court.
- Do not use the locker room or changing area.
- **No extra-curricular or social activity should take place. No congregating after playing.**



**David Posnack
JCC**